



Don't Sink in Silence

Scripture Reading

Matthew 14:22-33 (NKJV)

Jesus Walks on the Sea

(Mark 6:45–52; John 6:15–21)

22 Immediately Jesus made His disciples get into the boat and go before Him to the other side, while He sent the multitudes away. 23 And when He had sent the multitudes away, He went up on the mountain by Himself to pray. Now when evening came, He was alone there. 24 But the boat was now in the middle of the sea, tossed by the waves, for the wind was contrary.

25 Now in the fourth watch of the night Jesus went to them, walking on the sea. 26 And when the disciples saw Him walking on the sea, they were troubled, saying, "It is a ghost!" And they cried out for fear.

27 But immediately Jesus spoke to them, saying, "Be of good cheer! It is I; do not be afraid."

28 And Peter answered Him and said, "Lord, if it is You, command me to come to You on the water."

29 So He said, "Come." And when Peter had come down out of the boat, he walked on the water to go to Jesus. 30 But when he saw that the wind was boisterous, he was afraid; and beginning to sink he cried out, saying, "Lord, save me!"

31 And immediately Jesus stretched out His hand and caught him, and said to him, "O you of little

faith, why did you doubt?" 32 And when they got into the boat, the wind ceased.

33 Then those who were in the boat came and worshiped Him, saying, "Truly You are the Son of God."

Don't Sink in Silence

The benefits of summer

- Nice weather
- Vacations
- Swimming pools
- Beaches
- Water is dangerous

- It is reported that 4,000 people drown in America each year
- That's an average of 11 deaths a day
- The number one cause for drowning is an inability to swim
- But even good swimmers can drown
- Drowning occurs when you sink under water
- Dictionary defines sinking like this to go down below the surface of something, especially of a liquid; become submerged.
- When one begins to sink panic and fear creep in
- When you begin to panic you cannot think clearly
- You and I today thinking clearly would say as someone feels themselves going under they should begin to cry for help

According to stats:

- 50% of kids under the age of 15 will drown within 25 yards of an adult or parent
- In 10% of those drownings, adults will watch the children drown not knowing what is happening

The story of Peter and Jesus

Two things that bother me about this scripture

1. Peter was sinking right in front of Jesus; Jesus saw him sinking but did nothing
 - Not until Peter said Lord I am sinking that Jesus helped him
 - Lifeguards have a challenging time because people play in the water. It can be difficult determining if someone is drowning or playing.
 - Actions alone is not the best way to communicate you need help
 - What actions are you doing that you think you are telling people that you are:
 - Anxious
 - You're suffering

- You are in need of help
- You are fearful
- You are worrying
- And you think your body language should tell everyone I NEED help
- But you haven't said anything with your mouth
- What are you suffering under and you aren't telling it to Jesus?
- You suffer day in and day out and you say doesn't Jesus want to help me
- You are SINKING IN SILENCE
 - It isn't until we open our mouths and admit we need help that the help that can help us will help us
 - I will look to the hills from whence cometh my help my help cometh from the Lord
 - Psalms 91:15 says When he calls out to me I will answer
- Baby animals can be in trouble and their mother would never know are in trouble
- If the baby makes noise the mother will come and defend the baby even to the point of giving her life
- Jesus already gave His life to save you but you need to lift up your voice and ask
- Closed mouths don't get fed
- Acts 2:21, Romans 10:13, and Joel 2:32 all tell us: Everyone who calls on the name of the Lord will be saved.
- Blind Bartimaeus heard Jesus was coming and kept calling louder
- We can have the Savior in front of us and be sinking and until we open our mouths we cannot be saved

DON'T SINK IN SILENCE

- Peter wasn't sinking because of some sin
- Peter began to sink because Peter got distracted
- Are you distracted:
 - By the cares of this world
 - By the 9-5
 - By the bills that needed to be paid
 - By the church ministry that he had to do weekly
 - By the kids that he had to feed
- Jesus saves Peter and says Oh ye of little faith why did you doubt
- But faith is what got Peter out of the boat in the first place
- There are times where the very things driving us to do the work of the Lord take a dip
- Like the church in Ephesus who left their first love
- Sinners actually sink because of sin
- Even they can be saved from sinking if they cry out to God

2. The second problem is Jesus sends the disciples into this storm
- The disciples were with Jesus when he fed the at least 5,000 with 2 fish and 5 loaves

- Then he urges them to go ahead of him
- We like to blame the devil for all our problems
- Sometimes Jesus wants to check your faith
- After He just performed a miracle in your life He will come and test you

Do not miss your deliverance

- Jesus appeared to save the disciples and they thought he was a ghost
- How many times do we miss our deliverer thinking it is something else
- The Bible says when Jesus came in the boat the storm ceased