



Stir the Flow

Scripture Reading

John 7:37-39 (NKJV)

37 On the last day, that great day of the feast, Jesus stood and cried out, saying, "If anyone thirsts, let him come to Me and drink. 38 He who believes in Me, as the Scripture has said, out of his heart will flow rivers of living water." 39 But this He spoke concerning the Spirit, whom those believing in Him would receive; for the Holy Spirit was not yet given, because Jesus was not yet glorified.

Introduction

As we have come into year 7 here at the Well, I am greatly encouraged. We have covered a lot of ground! And our hearts have been well saturated! There is not one month that we've been together that the Lord hasn't supplied the Word of God for us, and brought His Presence close to us. Here at the Well, we don't have dry gatherings. And it's no testament to ourselves because we've been challenged on every side and sometimes not our best. But it is testament to the faithfulness of our Lord Jesus who said "I will NEVER leave you nor forsake you." "I will be with you always even unto the end of the age."

As leaders of this ministry, that promise has been our lifeline when we face the challenges thrown at

us. "God we are not in this by ourselves, and we didn't send ourselves—we followed Your Voice, we held Your Hand, and we vowed to do Your Will."

So at the beginning of year 7, I must ask this important question of us today. How is God going to stir the waters of the Well?

In & Out

My non-experienced mind started doing some research by asking the question. Does the water in a well ever get stirred? The answer is "not necessarily." And I asked this because every image or video I've seen about a well, shows the surface of the water looking quite still. There is no visible evidence of movement in the water other than the levels going up and down.

My next question was one of concern—"well if still waters—stagnant waters" are a bad thing because of odor and poor water quality over time, then how does a well maintain good water quality?

It turns out that there is an exchange happening in a well.

When water is drawn out, more water FLOWS in to from the underground aquifer around it.

It doesn't look like a circular movement—but it is an EXCHANGE!

More water flows in to replace what was drawn out

It looks more like a replenishment

It sounds like renewal

So for a well to be in healthy condition, water must be flowing IN and flowing OUT.

A Christian may look impressive and spiritual on Sundays but how and when do they actually disciple others? How do they remain spiritually healthy if nothing of spiritual value is being drawn from them?

you can look like sparkling water but your stagnant

you can sound deep but your stagnant

you can sound pure but your stagnant and the aroma is beginning to tell a different story than the word on the street

We are not spiritually healthy unless the Presence and ministry of the Holy Spirit is flowing IN and flowing OUT of us.

Is your life carrying the aroma of:

unused power?

unused teaching?

unused gifts?

unused testimony?

unused wisdom?

unrealized plans?

It's gotta flow IN AND OUT!

Dead or Alive

Ancient Hebrew Definition: In Biblical Hebrew, the term *mayim chayim* literally translates to "living waters."

Unlike **stagnant pool or cistern water** (*mayim gebim*), "living" water required motion or a live source.

Springs and Running Streams: Ancient cultures contrasted natural, dynamic sources—such as bubbling artesian springs (*ayin*), running brooks, and flowing rivers—with dead, stationary stored rain water. Movement signified vitality, purity, and freedom from stagnation

Jeremiah 2:13 (NKJV)

13 "For My people have committed two evils:

They have forsaken Me, the fountain of living waters,

And hewn themselves cisterns—broken cisterns that can hold no water.

John 7:38 (NKJV)

38 He who believes in Me, as the Scripture has said, out of his heart will flow rivers of living water."

The stagnant water is like it's "dead" because it's not moving but the water is "alive" because it's flowing!

Now that you know, are you flowing in God or are you stagnant?

Are you hearing the Word every week but not allowing it to flow out?

Are you coming every week BUT not allowing it to flow out?

Are you a faithful giver but not allowing it to flow out?

Do you have lots of ideas but you're not allowing it to flow out?

Do you have a great critical eye but you're not allowing it to flow out?

Are you very talented and creative, but you're not allowing it to flow out?

Stir Up the Flow

So what is the Flow?

some people define the Flow as a "flow state"

some define it as a "stream of consciousness"

a creative flow
a "worship flow"
a "flow of ideas"
a "flow of inspiration"

In each of these examples, it's an example of a person tapping into an unction beyond their usual expression and reaching into something beyond them.

What I feel the Scriptures are teaching us is that the "Flow" requires something deeper than mere elevated expression. It's about a demand, a draw, a pull, a deposit into the heart of someone else. It's the power given to pour into someone else.

The "Flow" is the moving of the Holy Spirit upon you, in you and then through you.

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How do I experience the Flow?

I've read this Scripture many times but never examined it on the dynamic of what the "Flow" requires.

The Flow requires belief in Jesus!

Everything activates through belief in Jesus and what He has said:

salvation through belief in Jesus

healing through belief in Jesus

sonship from the Father through belief in Jesus

the power to overcome through belief in Jesus

The woman with the issue of blood believed that if she could touch the hem of Jesus' garment, she would be healed.

Her belief led her to push through the crowd and reach out and touch Jesus' hem and the moment she did that, Jesus turned around and said, "who touched me?"

Jesus felt the draw of virtue pulled from Him.

He felt the exchange

He felt something flow out and something flow back in.

Has your belief in Jesus caused something to flow out of Him for you?

You'll know when you feel something flow in!

When you feel His Presence and Power flow in

When He takes your heaviness and gives you His joy

Have you felt the exchange?

Close

This is the focus of this series!

To Stir the Flow

For us to experience the exchange

For the power of God to flow in and flow out

For us to mature from being consumers to being conduits

We cannot spend Year Seven simply asking God to pour more into The Well.

We have to ask Him to stir up what He's already poured in.

Let the Word flow.

Let the gifts flow.

Let discipleship flow.

Let compassion flow.

Let generosity flow.

Let evangelism flow.

Let the Holy Spirit flow through His people.

Because a well isn't blessed because it's full.

A well is blessed because somebody can draw from it—and it keeps being replenished from its Source.

The Well was never called to be a container. We were called to be a conduit!

Jesus makes a clear invitation to us:

COME to Me.

DRINK.

BELIEVE in Me.

Out of him shall **FLOW**.

Stir Up the Flow