

Community Group Questions:

1. Read MAP point #1. Is it now, or has it ever been, difficult for you to express your problems to God? Other people? Why do you think that is/was? How does your understanding of David and the Psalms impact this view?
2. Read MAP point #2. Have you ever struggled with sin of anger or lack of trust toward God in a season of sadness? How did the Psalmist overcome this temptation? How can we apply this to our own lives?
3. Read MAP point #3 and Lamentations 3:19-27. Can you share a story with the group about a season where you had walked in sadness and the Lord's faithfulness was evident? Are you walking one now that your group can be praying over?
4. Based on what you have learned from the message and your own study, how do you think one can best care for a brother or sister in a time of sadness or depression?



This week's sermon
When Eagles Cry
Psalm 119:25–32

If we live in a way that is wise, we will tend towards peace and joy in our daily lives. Nevertheless, we are subject to periodic deep sorrows regardless of how faithful we are.

How can we not be when all the prophets, all the apostles and Jesus Himself wrestled with emotional difficulties? But God does not leave us without instruction on how to respond in the dark.

1. Speak of your problem to God and faithful people.
2. Don't sin, rather obey His ways.
3. Wait.