

# For the Rest of Your Life: The Invitation

Jesus Christ, the lover of our souls, has invited the weary and heavily burdened to find rest in Him. Will you receive the invite?

## Rest Recap

Rest is for those who have received new life in Jesus Christ. The process of obtaining a revelation from God, empowering believers with a strategy for triumph.

### **1 Kings 17:1-6**

#### **New Living Translation**

17 Now Elijah, who was from Tishbe in Gilead, told King Ahab, “As surely as the Lord, the God of Israel, lives—the God I serve—there will be no dew or rain during the next few years until I give the word!”

2 Then the Lord said to Elijah, 3 “Go to the east and hide by Kerith Brook, near where it enters the Jordan River. 4 Drink from the brook and eat what the ravens bring you, for I have commanded them to bring you food.”

5 So Elijah did as the Lord told him and camped beside Kerith Brook, east of the Jordan. 6 The ravens brought him bread and meat each morning and evening, and he drank from the brook.

- Expectation/faith in God fuels our rest!

### **John 6:28-29**

#### **New Living Translation**

28 They replied, “We want to perform God’s works, too. What should we do?”

29 Jesus told them, “This is the only work God wants from you: Believe in the one he has sent.”

## **Unrest, Weariness, and Burdens**

### **Proverbs 3:5-6**

#### **New Living Translation**

5 Trust in the Lord with all your heart;  
do not depend on your own understanding.

6 Seek his will in all you do,  
and he will show you which path to take.

- Our own thinking is the cause of our unrest!
- Where there is no trust in the Lord there is pride and fear.
- Not only is there unrest from doing things our own way but God resists the proud.

### **James 4:5-10**

#### **New Living Translation**

5 Do you think the Scriptures have no meaning? They say that God is passionate that the spirit he has placed within us should be faithful to him.[a] 6 And he gives grace generously. As the Scriptures say,

“God opposes the proud  
but gives grace to the humble.”[b]

7 So humble yourselves before God. Resist the devil, and he will flee from you. 8 Come close to God, and God will come close to you. Wash your hands, you sinners; purify your hearts, for your loyalty is divided between God and the world. 9 Let there be tears for what you have done. Let there be sorrow and deep grief. Let there be sadness instead of laughter, and gloom instead of joy. 10 Humble yourselves before the Lord, and he will lift you up in honor.

- Who is the Lord that men should humble themselves to Him?

## **The Lord is the Everlasting God**

### **Isaiah 40:25-31**

#### **New Living Translation**

25 “To whom will you compare me?

Who is my equal?" asks the Holy One.

26 Look up into the heavens.

Who created all the stars?

He brings them out like an army, one after another,  
calling each by its name.

Because of his great power and incomparable strength,  
not a single one is missing.

27 O Jacob, how can you say the Lord does not see your troubles?

O Israel, how can you say God ignores your rights?

28 Have you never heard?

Have you never understood?

The Lord is the everlasting God,  
the Creator of all the earth.

He never grows weak or weary.

No one can measure the depths of his understanding.

29 He gives power to the weak  
and strength to the powerless.

30 Even youths will become weak and tired,  
and young men will fall in exhaustion.

31 But those who trust in the Lord will find new strength.

They will soar high on wings like eagles.

They will run and not grow weary.

They will walk and not faint.

## **The Invitation to the Weary**

### **Proverbs 13:15**

#### **Amplified Bible**

Good understanding wins favor [from others],

But the way of the unfaithful is hard [like barren, dry soil].

### ***We must first hear the call!***

#### **Matthew 11:15**

#### **New Living Translation**

15 Anyone with ears to hear should listen and understand!

- But God I'm naked and ashamed.

#### **Matthew 11:28-30**

## **New Living Translation**

28 Then Jesus said, "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. 29 Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls. 30 For my yoke is easy to bear, and the burden I give you is light."

- "Come to Me all of you who are weary and carry heavy burdens "
- We must humble ourselves and release our pride and accept that we are the weary ones carrying heavy burdens.
- The call is for the weary, and those who carry heavy burdens in life, the spiritually dead and dry, thirsty, and hungry.
- Weariness and burdens of: Love: Striving to earn a love that's a gift, struggling to obey God through human strength, failing to love the beauty of the new creation we are and starving to fix the old nature, trying to love people when you don't have a righteous love for yourself.
- Weariness and burdens of: Identity: Trying to prove ourselves through obedience to the laws, under the condemnation of every sin.
- Weariness and burdens of: Faith: Fueled by fear, feelings of not deserving God's best so holding on to crumbs and seeds.
- Weariness and burdens of: Eternal Purpose: Pursuing our own dreams and desires.

### **I will give you rest!**

- We come to rest at Jesus, all of our human efforts stop at Him!
- When our will is denied/crucified the Spirit moves.
- To be at rest is to have no reaction until prompted by Holy Spirit.

## **Psalm 16:8**

### **New King James Version**

8 I have set the Lord always before me;  
Because He is at my right hand I shall not be moved.

- Revelation
- Empowerment
- Strategy
- Triumph

Are you resting on me or will you cry out to another for help?

**Take my yoke upon you!**

- Accept my offer to be attached to me, instead of with your burdens.

**Let me teach you, I am humble and gentle!**

- I will teach you to stay free from burdens and receive my strength.

**You WILL find rest for your souls!**

- I guarantee you that you'll be set free from the burdens of your soul and receive victory in my teachings.
- Will you be satisfied unlike the rich young ruler and Lot's wife?

**My yoke is easy, my burden is light.**

- It's my love that keeps you connected to me, not your performance. There will be ease in learning from me, I have given you of my own Spirit, the Holy Spirit. Since I have secured your victory my burden on you is light, simply trust me.