

## **FACING YOUR GIANTS**

### **Scripture:**

*“Then David said to the Philistine, ‘You come against me with sword and spear and javelin, but I come against you in the name of the Lord Almighty... All those gathered here will know that it is not by sword or spear that the Lord saves; for the battle is the Lord’s.’”*

— 1 Samuel 17:45, 47 (NIV)

### **Main Idea:**

We all face giants—things that seem impossible to overcome. But like David, we don’t stand in our own strength. We stand in God’s name and power.

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## **5 Ways to Face Your Giant with Faith**

### **1. Identify Your Giant**

Name it. Whether it’s fear, addiction, shame, or sickness—exposing your giant weakens its power.

### **2. Have a Strategy**

David chose 5 stones before stepping forward. You need prayer, wisdom, and godly counsel. Don’t react—respond with purpose.

### **3. Remember Past Victories**

David remembered the lion and the bear. What has God brought you through before? Let it fuel your courage now.

### **4. Use What God Gave You**

David didn’t need Saul’s armor. He used his sling. God has given you everything you need—your story, your prayer, your gift.

### **5. Trust the Lord’s Power**

The battle isn’t yours. It’s God’s. He brings the victory—not by sword, but by His Spirit.

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### **Reflection Questions:**

- What giant are you facing right now?
  - What would it look like to approach it with faith instead of fear?
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**Prayer:**

*Lord, help me to face the giants in my life with courage and faith. Show me what I'm really up against, give me a plan, and help me to trust You fully. Remind me of the battles You've already won in my life. I choose to use what You've given me, and I stand in the confidence that the battle is not mine—it's Yours. In Jesus' name, Amen.*