

Study Guide: More Precious Than the Sparrows

This study guide is designed to help individuals or small groups reflect more deeply on the devotional 'More Precious Than the Sparrows' based on Matthew 10:29–31. Use these questions and exercises to meditate on God's love, grow in trust, and apply His truth to your daily life.

1. Key Scripture

Read Matthew 10:29–31 slowly and aloud. Reflect on the meaning of Jesus' words: "You are worth more than many sparrows."

2. Reflective Questions

1. What stood out to you in the devotional? Why?
2. How do you normally define your value or worth? Is it influenced by performance, possessions, or approval?
3. What does it mean to you that God knows the number of hairs on your head?
4. How can fear distort your sense of identity?
5. Can you think of a recent moment when you felt overlooked? How might God have been present even then?

3. Scripture Cross-References

Explore the following scriptures that reinforce God's care and personal attention:

- Psalm 139:1–6 – God knows us intimately.
- Isaiah 49:15–16 – God has not forgotten you.
- Luke 12:6–7 – A parallel passage emphasizing God's care for sparrows and you.
- Philippians 4:6–7 – Replacing anxiety with trust in prayer.

4. Personal Application

- List three things that often make you feel anxious or unworthy.
- Next to each one, write a truth from Matthew 10:29–31 or another scripture that speaks against that fear.
- Write a personal affirmation based on God's word to speak over your life daily (e.g., 'I am seen and known by God.').

5. Prayer Exercise

Spend time in silent reflection. Thank God for seeing and valuing you. Ask Him to help you trust Him more fully with the details of your life. You may write out your personal prayer below:

[Write your prayer here...]

6. Group Sharing (Optional)

If using this study guide in a group setting, invite participants to share a time when they felt unseen and how this passage challenges or comforts them. Encourage mutual support and prayer.