

 **Created for Overflow**

Scripture

“I have told you these things so that you will be filled with my joy. Yes, your joy will overflow!”

— John 15:11 (NLT)

Big Idea

Spiritual dryness is not normal Christianity. Jesus designed our lives for overflow—joy that flows from abiding in Him, not striving for more.

Key Truths

- Jesus promised **overflow**, not survival.
- Joy is rooted in **connection**, not circumstances.
- Overflow flows from **abiding**, not achieving.
- God’s supply is constant; our **capacity** often needs healing and attention.

Why We Feel Dry

- Cracks from unhealed wounds
- Clutter from distractions
- Neglect of daily connection with Christ

Reflection Questions

1. Where have I settled for survival instead of overflow?
2. What would overflowing joy look like in this season of my life?
3. What may be blocking my ability to fully receive from Christ?

Prayer

Lord Jesus, thank You for Your promise of overflowing joy. Forgive me for accepting emptiness as normal. Teach me to abide in You, heal what is broken, and restore my joy. Enlarge my capacity to live the life You designed for me. Amen.