



## **The Gospel of Mark Following Christ**

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### **Lord of the Sabbath**

Mark 2:23-3:6

December 4, 2016

**Dr. Mark Strauss**

**Theme:** When the Pharisees accuse Jesus’ disciples of picking grain (and so working) on the Sabbath, Jesus points to the example of David to show that the Sabbath was made for people and not vice versa. Another time Jesus openly heals a man on the Sabbath, even though the religious leaders were trying to trap him, demonstrating that the Sabbath is truly fulfilled by doing good rather than by doing evil.

### **Outline**

1. Controversy over Picking Grain on the Sabbath (2:23–28)
  - a. The setting: the disciples pick grain on the Sabbath (v. 23)
  - b. The challenge from the Pharisees (v. 24)
  - c. Jesus’ first response: the example of David (vv. 25-26)
  - d. Jesus’ second response: Lord of the Sabbath (vv. 27-28)

## 2. Controversy over Healing on the Sabbath (3:1–6)

- a. The setting: a synagogue on the Sabbath (v. 1a)
- b. The problem: a man with a shriveled hand (v. 1b)
- c. The controversy: The religious leaders seek to trap Jesus (v. 2)
- d. Jesus heals the man (vv. 3-5)
  - Jesus' actions: bringing the man front and center (v. 3)
  - Jesus' question: Which is lawful on the Sabbath? (v. 4a)
  - The leaders' response: silence (v. 4b)
  - Jesus' anger (v. 5a)
  - The healing (v. 5b)
- e. The plot against Jesus (v. 6)

**Takeaway:** Jesus' teaching about the Sabbath reminds us that God cares deeply for us and always has our best interest in mind.

### **Next Cove:**

December 11, 2016

Summary of Jesus' Ministry & Choosing the Twelve  
Mark 3:7-19