

First week in Lent ...

Worship (obedience in all of life) —

Prayer

After you've shared the sense of invitation, reflect on the specific actions you are being asked to take in the next 24-72 hours to worship / obey that invitation in humility.

Before praying, ask if anyone has something additional to share — a challenge or comfort they encountered from God in the past week on the Lenten journey, or a situation that is a test and could use prayer.

Pray for one another in light of the invitation that each received and any other sharing.

Notes — *our small group usually had the person to our left praying that night and all week about what they heard. Here is space to note the reflections / invitation / request for prayer of the person sitting to your right so you can pray for them (you are the person on the left ...)*

Resources for Lent

Here are the resources that Pastor Laurie spoke about this week with further notes from Sunday

The humility to recognize my habits and patterns of life are out of control ...

Justin Whitmel Early, *The Common Rule: Habits of Purpose for an Age of Distraction* (InterVarsity Press, 2019)

The humility to recognize my interpersonal interactions are out of sync with my faith ...

Peter Scazzero, *Emotionally Healthy Spirituality Day by Day: A 40 day journey with the daily office* (Zondervan, 2018)

The humility to return to total reliance on God in the losses and fears of life ...

Dallas Willard, *Life Without Lack: Living in the Fullness of Psalm 23* (Thomas Nelson, 2018)

The humility to recognize we've replaced trust with certainty in essential areas of life

Jeffrey F. Keuss, *Live the Questions: How Searching Shapes our Convictions and Commitments* (InterVarsity Press, 2019)