

# **LIFE IN THE SPIRIT:**

## **WINNING THE WAR AGAINST SIN**

Mark 7:14-23 & Romans 8:1-17



# DEFILED

Mark 7:15,20-23

<sup>15</sup> **It's not what goes into your body that defiles you...**<sup>20</sup> **“It is what comes from inside that defiles you.”**<sup>21</sup> For from within, out of a person's heart, come evil thoughts, sexual immorality, theft, murder,<sup>22</sup> adultery, greed, wickedness, deceit, lustful desires, envy, slander, pride, and foolishness.<sup>23</sup> **All these vile things come from within; they are what defile you.”**

Romans 3:10b “No one is righteous—not even one.”

Romans 7 “...I want to do what is right, but I can't. I want to do what is good, but I don't. I don't want to do what is wrong, but I do it anyway.”



# ROMANS 8:1-17A

<sup>1</sup> So now there is **no condemnation** for those who belong to Christ Jesus. <sup>2</sup> And because you belong to him, the power of the life-giving Spirit has **freed you from the power of sin that leads to death.** <sup>3</sup> **The law of Moses was unable to save us** because of the weakness of our sinful nature. So God did what the law could not do. He sent his own Son in a body like the bodies we sinners have. And in that body **God declared an end to sin's control over us by giving his Son as a sacrifice for our sins.** <sup>4</sup> He did this so that the just requirement of the law would be **fully satisfied for us**, who no longer follow our sinful nature but instead follow the Spirit.



# ROMANS 8:1-17A

<sup>5</sup> Those who are **dominated** by the sinful nature think about sinful things, but those who are **controlled** by the Holy Spirit think about things that please the Spirit. <sup>6</sup> So **letting** your sinful nature control your mind leads to death. But **letting** the Spirit control your mind leads to life and peace. <sup>7</sup> For the sinful nature is always hostile to God. It never did obey God's laws, and it never will. <sup>8</sup> That's why **those who are still under the control of their sinful nature can never please God.**



# ROMANS 8:1-17A

<sup>9</sup> **But you are not controlled by your sinful nature. You are controlled by the Spirit** if you have the Spirit of God living in you. (And remember that **those who do not have the Spirit of Christ living in them do not belong to him at all.**)

<sup>10</sup> And Christ lives within you, so even though your body will die because of sin, the **Spirit gives you life** because you have been made right with God. <sup>11</sup> The Spirit of God, who raised Jesus from the dead, lives in you. And just as God raised Christ Jesus from the dead, **he will give life to your mortal bodies** by this same Spirit living within you.



# ROMANS 8:1-17A

<sup>12</sup> Therefore, dear brothers and sisters, you have **no obligation to do what your sinful nature urges you to do.** <sup>13</sup> For if you live by its dictates, you will die. But if through the power of the Spirit you **put to death** the deeds of your sinful nature, **you will live.** <sup>14</sup> For all who are led by the Spirit of God are children of God.



# ROMANS 8:1-17A

<sup>15</sup> So you have not received a spirit that makes you fearful slaves. Instead, you received God's Spirit when he adopted you as his own children. Now we call him, "**Abba, Father.**"

<sup>16</sup> **For his Spirit joins with our spirit to affirm that we are God's children.** <sup>17</sup> And since we are his children, we are his heirs. In fact, together with Christ we are heirs of God's glory.



# GOOD NEWS

(8:1) “So now there is **no condemnation** for those who belong to Christ Jesus.”



# FREE FROM SLAVERY TO SIN

(8:2) ...the power of the life-giving Spirit has **freed you from the power of sin that leads to death.**

(8:3) **God declared an end to sin's control over us by giving his Son as a sacrifice for our sins.**

(8:12) ...you have **no obligation to do what your sinful nature urges you to do**



# HOW CAN I LIVE FREE?

(8:6) So **letting** your sinful nature control your mind leads to death. But **letting** the Spirit control your mind leads to life and peace.

(8:13b) ...if through the power of the Spirit you **put to death** the deeds of your sinful nature, **you will live.**



# SELF EXAMINATION

(8:9b) “(And remember that **those who do not have the Spirit of Christ living in them do not belong to him at all.**)”

(8:13) For if you live by [the] dictates [of your sinful nature], you will die.



# WHAT TO DO WITH FAILURE?...I'M STUCK

(8:1) “So now there is **no condemnation** for those who belong to Christ Jesus.”

(8:15) So you have not received a spirit that makes you fearful slaves. Instead, you received God’s Spirit when he adopted you as his own children. Now we call him, “**Abba, Father.**”



# ASSURANCE

(8:15-16) **For his Spirit joins with our spirit to affirm that we are God's children.** And since we are his children, we are his heirs. In fact, together with Christ we are heirs of God's glory.

(8:31-34) What shall we say about such wonderful things as these? If God is for us, who can ever be against us? <sup>32</sup> Since he did not spare even his own Son but gave him up for us all, won't he also give us everything else? <sup>33</sup> Who dares accuse us whom God has chosen for his own? No one—for God himself has given us right standing with himself. <sup>34</sup> Who then will condemn us? No one—for Christ Jesus died for us and was raised to life for us, and he is sitting in the place of honor at God's right hand, pleading for us.

