



Welcome!

SERIES: SOUL REPAIR

Today's Message: Working Through Worry

Dr. Lance D. Watson, Senior Pastor

WWW.MYSPBC.ORG • 804.643.4000

PRAYER: Gracious God, give us undivided hearts that fully trust your day-to-day provision. Make our hope and our confidence fully aligned in you. Let the cross Christ carried convince us that we are loved by you and that you are committed to taking care of us. Let our lives be an expression of your deep-seated love for us. In Jesus' name, we pray. Amen.

ICEBREAKER: Share one joy and one challenge from this past week.

INTRODUCTION: Do you worry? Are you anxious about something? Did you know that there is an actual term called "FOMO" or the Fear of Missing Out. This can cause us to become anxious and allows worry to set in about stuff. We can be anxious over money, relationships, material possessions, or even our daily needs like food. Often, we worry and become fearful of not having something we need, our worries turn into panic, which leads to anxiety. Anxiety can have a real negative affect on our bodies and minds. Jesus knew that when we worry about things, we do not live with a kingdom mindset, and we do not live with our full faith in our heavenly father. He addressed this topic when he was teaching to a group of people on the sermon on the mount. Jesus challenged the way we think about worry and fear and helps us to repair this tear in our souls.

SCRIPTURE: Read St. Luke 6:19-34 (NLT)

DISCUSSION:

1. What stood out in today's message? What do you notice from Matthew 6:19-34? Why do you think the two parts (of this passage fit together? (Matthew 6:19-24 and Matt 6:25-34) How do they fit?
2. Jesus introduced this section of his sermon with the image of "treasures in heaven" (verse 20). What is heavenly treasure? (See also 2 Corinthians 4:18 and 2 Peter 3:10-14.)
3. How does the image of darkened eyes in verses 22-23 support Jesus' message in the verses immediately before and after it? Based on evidence from your lifestyle, do you think your eyes are dark in the areas of money, divine provision, and trust?
4. Do these verses comfort your anxieties about being financially and spiritually provided for? If these verses don't alleviate your worries, why do you think that's the case?
5. How can you walk in confidence that God will provide for you? Has he done so in the past? Give some examples.
6. Many of us are able to faithfully serve multiple "masters" at a time, including our jobs, families, school, and other responsibilities. Why, then, did Jesus say in verse 24 that it is impossible to serve two masters?
7. Verses 25-34 are likely familiar to everyone who has spent time in Christian settings. How has our discussion of heavenly treasure and darkened eyes given you a new understanding of this "do not worry" passage?

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Previous GPS Guides are available online at www.myspbc.org.



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CHALLENGE: Identify an area where you're struggling to trust God and make a commitment to begin to trust God there this week.

SERVE: **Pray** over Luke 6:19-34 this week. **Praise** God for all that God has blessed and provided for you. Next, confess ways in which you are not trusting God. Then, ask God for the faith and resolve to begin trusting God in these areas. Finally, thank God for his trustworthiness in all things. **Listen:** when you are quiet before God, it is amazing how clear things become. **Respond.** Write it down, live it out, give God praise!

ANNOUNCEMENTS: Take this time to share group announcements. Church wide and campus specific announcements can be found at www.myspbc.org. You can also “find, follow and like” our Facebook page at facebook.com/myspbc. Turn on your notifications.

CELEBRATIONS: Take this time to share praise reports (e.g. answered prayers, birthdays, anniversaries, promotions).

PRAYER REQUESTS & PRAYER: Take this time to share prayer requests. Close with prayer.

THE SAINT PAUL'S BAPTIST CHURCH
GROW | PRAY | SERVE



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We Care!

NOTICE: DUE TO THE COVID-19 CRISIS, ALL OF OUR CAMPUSES ARE PHYSICALLY CLOSED AT THIS TIME UNTIL FURTHER NOTICE.

As a small group leader, we depend on **you** to show members that we care. Here's a list of resources to help you.

FOR PRAYER:

CALL: 804.463.2472

EMAIL: prayer@myspbc.org.

FOR COUNSELING:

CALL: 804.643.6177

EMAIL: Barnabas@myspbc.org

TO REQUEST A HOSPITAL VISIT:

CALL: 804.304.3890 (For Emergencies)

EMAIL: ecare@myspbc.org.

TO REQUEST FUNERAL SUPPORT:

CALL: 804.304.3890 (Pastor On Call)

EMAIL: ecare@myspbc.org.

TO FIND A SUPPORT GROUP:

CALL: 804.643.6177

EMAIL: Barnabas@myspbc.org.

TO REQUEST EMERGENCY ASSISTANCE:

CALL: 804.643.4000

EMAIL: emergencyassistance@myspbc.org.

TO CONTACT MY LIFE STAGE PASTOR/DIRECTOR:

CALL: 804.643.4000 and Press 1 for the Dial By Name Directory

EMAIL:

- Imagination (0-10): Vernita Williams (Vernita.Williams@myspbc.org)
- SMB (11-19): Martina Jones-Smith (SMB: Martina.Jones-Smith@myspbc.org)
- Dreamchasers (20-29): Curtis Ballard (curtis.ballardjr@myspbc.org)
- Aspire (30-39): Lance Watson, Jr. (lance.watsonjr@myspbc.org)
- Fusion (40-49): Michelle Townsend (michelle.townsend@myspbc.org)
- Encore (50-59): Jamie Duncan (Jamie.Duncan@myspbc.org)
- Prime Time (60-69): Maceo Freeman (maceo.freeman@myspbc.org)
- Refiners (70+): Wallace Simms (Wallace.Simms@myspbc.org)

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