

# Welcome!

### **SERIES: GROWN FOLKS MUSIC**

Today's Message: I've Decided to Survive Dr. Lance D. Watson, Senior Pastor

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**PRAYER:** Our life and times are in your hands, so we agree. We agree with your desire to give us life. We agree with your design to make our lives abundant. We agree with your goal to give us life eternal. Therefore, no matter what we must encounter or endure, we make the conscious decision to survive, so that we might be witnesses to your work, your power, and your grace. In the name of Jesus, we pray. Amen.

**ICEBREAKER:** When is it hardest for you to remember or acknowledge God's goodness? What have you found to be helpful as reminders that God is good?

**INTRODUCTION:** Grown Folks Music. What is it? It's music that has substance. It's music that stands the test of time. Whether it's the pain or the possibility, the weakness, or the wonder, grown folks music is an authentic soundtrack for life. The songs of scripture span the gamut of human experience. These songs teach, touch, and transform us. These songs are for everybody. Psalm 118 is one of them.

**SCRIPTURE:** Read Psalms 118:17-18 (NIV)

#### **DISCUSSION:**

- 1. What stood out in today's message? What was your favorite part of the message today? What's one thing you learned?
- 2. Psalm 118:1-4 sings about the love of God. How has God's love been made manifest to you this week? What is one of the best things that has happened to you recently?
- 3. Read Exodus 34:5-7. How do the qualities of God revealed in these verses make God worthy of the response called for in the opening verses of Psalm 118? Read Psalm 118:5-18. What are some of the experiences –both positive and negative– that the Psalmist describes in these verses?
- 4. Read Romans 8:35-39. What point is Paul making in v. 37, and how does it apply to the suffering that we experience? Read Psalm 118:22-26. How does the plea expressed in vv. 25,26 relate to the confidence the Psalmist has already expressed in the Lord's deliverance?
- 5. Read Psalm 118:28,29. What (if anything) in this Psalm reminds you of God's goodness and enduring love?



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**CHALLENGE:** Meditate on how well you know God. Make a list of what you'd like to know about God and pray over it. Ask God to reveal those things to you.

**SERVE: Pray** over Psalms 118:17-18 this week. **Praise** God for giving you the power to choose and choose rightly. **Listen:** when you are quiet before God, it is amazing how clear things become. **Respond.** Write it down, live it out, give God praise!

**ANNOUNCEMENTS:** Take this time to share group announcements. Church wide and campus specific announcements can be found at <a href="https://www.myspbc.org">www.myspbc.org</a>. You can also "find, follow and like" our Facebook page at <a href="facebook.com/myspbc">facebook.com/myspbc</a>. Turn on your notifications.

**CELEBRATIONS:** Take this time to share praise reports (e.g. answered prayers, birthdays, anniversaries, promotions).

**PRAYER REQUESTS AND PRAYER:** Take this time to share prayer requests. Close with prayer.





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## We Care!

NOTICE: DUE TO THE COVID-19 CRISIS, ALL OF OUR CAMPUSES ARE PHYSICALLY CLOSED AT THIS TIME UNTIL FURTHER NOTICE.

As a small group leader, we depend on **you** to show members that we care. Here's a list of resources to help you.

FOR PRAYER: FOR COUNSELING:

CALL: 804.463.2472 CALL: 804.643.6177

EMAIL: <u>prayer@myspbc.org.</u> EMAIL: <u>Barnabas@myspbc.org</u>

TO REQUEST A HOSPITAL VISIT: TO REQUEST FUNERAL SUPPORT:

CALL: 804.304.3890 (For Emergencies) CALL: 804.304.3890 (Pastor On Call)

EMAIL: <u>ecare@myspbc.org.</u> EMAIL: <u>ecare@myspbc.org.</u>

TO FIND A SUPPORT GROUP: TO REQUEST EMERGENCY ASSISTANCE:

CALL: 804.643.6177 CALL: 804.643.4000

EMAIL: <u>Barnabas@myspbc.org.</u> EMAIL: <u>emergencyassistance@myspbc.org.</u>

### TO CONTACT MY LIFE STAGE PASTOR/DIRECTOR:

CALL: 804.643.4000 and Press 1 for the Dial By Name Directory EMAIL:

- Imagination (0-10): Vernita Williams (<u>Vernita.Williams@myspbc.org</u>)
- SMB (11-19): Martina Jones-Smith (SMB: Martina.Jones-Smith@myspbc.org)
- Dreamchasers (20-29): TBD
- Aspire (30-39): Lance Watson, Jr. (lance.watsonjr@myspbc.org)
- Fusion (40-49): Michelle Townsend (michelle.townsend@myspbc.org)
- Encore (50-59): Jamie Duncan (Jamie.Duncan@myspbc.org)
- Prime Time (60-69): Maceo Freeman (maceo.freeman@myspbc.org)
- Refiners (70+): TBD