

THE SAINT PAUL'S BAPTIST CHURCH
GROW | PRAY | SERVE



WWW.MYSPBC.ORG • 804.643.4000

Welcome!

SERIES: YOUR FUTURE SELF WILL THANK YOU

Today's Message: Learning to Move On

Dr. Lance D. Watson, Senior Pastor

PRAYER: God, you exist in every timeframe. You are equally present in our past, present and future and we give you praise. We acknowledge that moving on is a challenge for us. Forgive us for holding onto that which we should let go and failing to strive towards that which is ahead of us. Give us the courage to trust you, not only with our past, but with our future. In the name of Jesus, we pray. Amen.

ICEBREAKER: What has been a finish line in your life you are particularly proud of (college graduation, completion of a marathon, honorable discharge from military, retirement, etc.)?

INTRODUCTION: If we could predict the future, do you think we would change our daily habits? Do you think we would invest in different things? If we could see the future results of our present efforts, we'd make far better decisions. This is no secret—God wants you to become all God created you to be. However, to become all that God created us to be, we have to make some choices and decisions to participate with God in the process. Your Future Self will thank you.

SCRIPTURE: Read Philippians 3:12-14 (NCV)

DISCUSSION:

1. What stood out in today's message? Read through Philippians 3:12-14 in the New Century Version of the Bible and then the Message Translation of the Bible: compare the two. What ideas are the same? What comes across as different?
2. What goals does Paul mention in this text? What is your experience in setting goals? Why might some people avoid setting goals?
3. Distractions, disappointments and detours keep us from accomplishing our goals. What has your experience been with distractions, disappointments and detours pursuing your goals?
4. Paul focuses the idea of leaving some things behind and moving on towards something else. As we begin 2021, what might you need to leave behind in order to move ahead? What do you need to learn to move on?
5. Discuss Paul's "one thing." How could Paul's focus on his past have affected his present and future? Talk about what your "one thing." Discuss the one thing you do that helps you thrive as you pursue your relationship with God.
6. Explain how your "one thing" makes a difference in your journey toward your purpose. What barriers does that "one thing" eliminate in your daily life? How might God use that "one thing" and your story to bring freedom, healing and deliverance to others?

CHALLENGE: Take some time this week to identify your "one thing." Make a fresh commitment to it and take practical steps to implement it into your daily walk with God. Share your "one thing" with a close friend and ask them to hold you accountable as you aim to be disciplined in that area.

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SERVE: Pray over Philippians 3:12-14 this week. **Praise** God in advance for the power and skill to move on towards God's future for you in 2021. **Listen:** when you are quiet before God, it is amazing how clear things become. **Respond.** Write it down, live it out, give God praise!

ANNOUNCEMENTS: Take this time to share group announcements. Church wide and campus specific announcements can be found at www.myspbc.org. You can also “find, follow and like” our Facebook page at facebook.com/myspbc. Turn on your notifications.

CELEBRATIONS: Take this time to share praise reports (e.g. answered prayers, birthdays, anniversaries, promotions).

PRAYER REQUESTS & PRAYER: Take this time to share prayer requests. Close with prayer.

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We Care!

NOTICE: DUE TO THE COVID-19 CRISIS, ALL OF OUR CAMPUSES ARE PHYSICALLY CLOSED AT THIS TIME UNTIL FURTHER NOTICE.

As a small group leader, we depend on **you** to show members that we care. Here's a list of resources to help you.

FOR PRAYER:

CALL: 804.463.2472

EMAIL: prayer@myspbc.org.

FOR COUNSELING:

CALL: 804.643.6177

EMAIL: Barnabas@myspbc.org

TO REQUEST A HOSPITAL VISIT:

CALL: 804.304.3890 (For Emergencies)

EMAIL: ecare@myspbc.org.

TO REQUEST FUNERAL SUPPORT:

CALL: 804.304.3890 (Pastor On Call)

EMAIL: ecare@myspbc.org.

TO FIND A SUPPORT GROUP:

CALL: 804.643.6177

EMAIL: Barnabas@myspbc.org.

TO REQUEST EMERGENCY ASSISTANCE:

CALL: 804.643.4000

EMAIL: emergencyassistance@myspbc.org.

TO CONTACT MY LIFE STAGE PASTOR/DIRECTOR:

CALL: 804.643.4000 and Press 1 for the Dial By Name Directory

EMAIL:

- Imagination (0-10): Vernita Williams (Vernita.Williams@myspbc.org)
- SMB (11-19): Martina Jones-Smith (SMB: Martina.Jones-Smith@myspbc.org)
- Dreamchasers (20-29): Curtis Ballard (curtis.ballardjr@myspbc.org)
- Aspire (30-39): Lance Watson, Jr. (lance.watsonjr@myspbc.org)
- Fusion (40-49): Michelle Townsend (michelle.townsend@myspbc.org)
- Encore (50-59): Jamie Duncan (Jamie.Duncan@myspbc.org)
- Prime Time (60-69): Maceo Freeman (maceo.freeman@myspbc.org)
- Refiners (70+): Wallace Simms (Wallace.Simms@myspbc.org)

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