



# Welcome!

**SERIES: UNDER PRESSURE**

*Today's Message: Under Pressure to Succeed*

*Dr. Lance D. Watson, Senior Pastor*

**PRAYER:** God of mystery and of miracles, who has made us to be salt and light in a tasteless, shadowed world, guide us in this time of study and conversation. Grant us understanding and spiritual discernment so that others may see your good works through us, give you the glory, and be moved to serve you. Use our success to your glory, your honor, and your praise, forever and always. In the name of Jesus, we pray. Amen.

**ICEBREAKER:** What one person, circumstance, event, or experience stressed you out most in the last year?

**MESSAGE RECAP:** Pressure—all of us have felt it. Sometimes the pressure we're under is just too much. Other people's expectations for us—not to mention our own—build up to a point where we just can't deal. So what happens? We shut down. We withdraw. Or we might self-sabotage to take control of the inevitable disappointment we see lurking just around the corner. Hezekiah was able to succeed even under pressure and today's lesson invites us to discover how and why.

**SCRIPTURE:** Read *2 Chronicles 32:27-30 (NLT)*

## **DISCUSSION:**

1. **What was your biggest takeaway from the message?** What's one thing you learned? What questions came to mind as you listened to the message today? What points did you find most insightful? How did the message challenge you?
2. **Collaboration:** Henry Ford said, "If everyone is moving forward together, then success takes care of itself." Do you agree or disagree? Where do you see collaboration in the story of Hezekiah? With whom are you collaborating in your life right now?
3. **Cooperation:** Henry Ford is also credited with saying, "Coming together is a beginning. Keeping together is progress. Working together is success." Do you agree or disagree? What keeps people from coming together? From keeping together? From working together? How can the challenges be addressed?
4. **Calculation:** Jesus said, "If any of you wanted to build a tower, wouldn't he first sit down and work out the cost of it, to see if he can afford to finish it?" How important is calculation in any endeavor? What did the message suggest we do when things don't add up?
5. **Concentration:** The secret of achievement is concentration. How important do you think it is to focus on our weaknesses? On our future? What inhibits our ability to concentrate? How can we address that?

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**CHALLENGE:** What is one “a-ha” moment you had in our group discussion today. Note it and write it down. If you applied your learning from this week’s message, how would the next week be different for you?

**SERVE:** How is God calling us to live out this message this week? As individuals? As a group?

**ANNOUNCEMENTS:** Take this time to share group announcements. Church wide and campus specific announcements can be found at [www.myspbc.org](http://www.myspbc.org). You can also “find, follow and like” our Facebook page at [www.facebook.com/myspbc](http://www.facebook.com/myspbc). Turn on your notifications.

**CELEBRATIONS:** Take this time to share praise reports (e.g., answered prayers, birthdays, anniversaries, promotions).

**PRAYER REQUESTS AND PRAYER:** Take this time to share prayer requests. Close with prayer.

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## We Care!

A large, solid red heart is positioned behind the text 'We Care!', with the heart's center overlapping the letter 'e' in 'Care!'.

NOTICE: PLEASE BE PATIENT AS WE GRADUALLY REOPEN OUR CAMPUSES IN THE SAFEST MANNER POSSIBLE. As a small group leader, we depend on you to show members that we care. Here's a list of resources to help you.

**FOR PRAYER:**

CALL: 804.463.2472

EMAIL: [prayer@myspbc.org](mailto:prayer@myspbc.org).

**FOR COUNSELING:**

CALL: 804.643.6177

EMAIL: [Barnabas@myspbc.org](mailto:Barnabas@myspbc.org)

**TO REQUEST A HOSPITAL VISIT:**

CALL: 804.304.3890 (For Emergencies)

EMAIL: [ecare@myspbc.org](mailto:ecare@myspbc.org).

**TO REQUEST FUNERAL SUPPORT:**

CALL: 804.304.3890 (Pastor On Call)

EMAIL: [ecare@myspbc.org](mailto:ecare@myspbc.org).

**TO FIND A SUPPORT GROUP:**

CALL: 804.643.6177

EMAIL: [Barnabas@myspbc.org](mailto:Barnabas@myspbc.org).

**TO REQUEST EMERGENCY ASSISTANCE:**

CALL: 804.643.4000

EMAIL: [emergencyassistance@myspbc.org](mailto:emergencyassistance@myspbc.org).

**TO CONTACT MY LIFE STAGE PASTOR:**

CALL: 804.643.4000 and Press 1 for the Dial By Name Directory

EMAIL:

- Imagination (0-10): Vernita Williams: [Vernita.Williams@myspbc.org](mailto:Vernita.Williams@myspbc.org)
- SMB (11-19): Martina Jones-Smith: [Martina.Jones-Smith@myspbc.org](mailto:Martina.Jones-Smith@myspbc.org)
- Dreamchasers (20-29): Juan Shackelford: [juan.shackelford@myspbc.org](mailto:juan.shackelford@myspbc.org)
- Aspire (30-39): Lance Watson, Jr.: [lance.watsonjr@myspbc.org](mailto:lance.watsonjr@myspbc.org)
- Fusion (40-49): Michelle Townsend: [michelle.townsend@myspbc.org](mailto:michelle.townsend@myspbc.org)
- Encore (50-59): Jamie Duncan: [Jamie.Duncan@myspbc.org](mailto:Jamie.Duncan@myspbc.org)
- Prime Time (60-69): Maceo Freeman: [maceo.freeman@myspbc.org](mailto:maceo.freeman@myspbc.org)
- Refiners (70+): Roscoe Jones: [roscoe.jones@myspbc.org](mailto:roscoe.jones@myspbc.org)

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*GPS is a study guide based on the weekend message. The purpose of this guide is to assist small groups in study. Previous GPS Guides are available online at [www.myspbc.org](http://www.myspbc.org).*