



Ephesians 1:5-6: Because of his love, God had already decided to make us his own children through Jesus Christ. That was what he wanted and what pleased him,⁶ and it brings praise to God because of his wonderful grace. God gave that grace to us freely, in Christ, the One he loves.

LESSON POINTS:

1. YOU WERE _____
(Hebrews 13:8, Revelation 13:8)
1. YOU ARE _____
2. (Ephesians 1:5, 1 Corinthians 1:26)
3. YOU ARE AN _____ —NOT AN _____
a. GOD IS THE DIVINE _____
(Psalm 127:1, 2 Timothy 2:15)
4. YOU ARE _____
(Ephesians 1:5-6)
5. YOU ARE _____
(Ephesians 1:6)
6. YOU ARE _____
(Ephesians 1:7, Romans 3:23, 1 Peter 1:18-19)
 - a. NEW POSITION MEANS NEW _____
(1 John 2:1, 1 Corinthians 6:9-11, John 8:44, John 10:10)
 - b. A NEW _____
(Ephesians 1:7, Psalm 103:12, Jeremiah 31:34, Hebrews 8:12)
 - c. THE _____ OF GOD'S GRACE
(Ephesians 2:8-9, 1 John 1:9, Mark 2:10, John 20:21-23, Psalm 86:5)

GROUP DISCUSSION QUESTIONS

Start It Out

When you count your blessings, what three things do you put on the top of your list?

Talk It Out

1. In our scripture for this lesson, Paul uses the word “chosen” in the same thought along with “adoption.” When you read that we are all adopted as his sons in verse 5, we are all family. How does this affect your thinking about your relationship to the church and God? How do you know you are chosen like it talks about in verses 4 and 11?
2. Paul also uses the word “redemption” in the same thought as “blood.” How has his blood redeemed us? Read Hebrews 9:22, 1 Timothy 2:5-6 for a reference. Share your thoughts with the group.
3. Paul uses the word “seal” in the same thought as “the Holy Spirit.” What is one of the purposes of the Holy Spirit in the Church? Read Acts 1:8.
4. In Greek, Ephesians 1:3-14 is one long sentence and is often called a doxology. If you broke it up into three sections, what would each section be acknowledging?
 - a. Verses 3-6: Blessings we have through the _____.
 - b. Verses 7-12: Blessings we have through the _____.
 - c. Verses 13-14: Blessings we have through the _____.
5. Paul writes in verses 5, 12, & 14, “praise of his glory” as he reminds them of all that God has done for them. What good comes from remembering God’s blessings? When we read about all the blessings we have in this passage, does it strengthen your faith? How? Does it increase your courage? If so, why?

Live It Out

Pick One: I choose to give God praise 1) by trusting that God will be with me as I rescue friends who are away from God, 2) by asking to be redeemed back to God through the blood of Christ, 3) by living more confidently in God’s sealed promise, that I belong to God.