



Welcome!

SERIES: SOUL REPAIR

Today's Message: Facing Fear
Dr. Lance D. Watson, Senior Pastor

PRAYER: Gracious God, we are dwelling the secret place, we are abiding in your shadow, and we thank you that we are safe. We are secure. We are protected because when it's all said and done: you've got us covered. Thank you for your protection. In Jesus' name. Amen.

ICEBREAKER: What has been your experience with insurance? Life? Home? Auto? Product? Do you have full coverage or limited coverage? What would you advocate for and why?

INTRODUCTION: No one seems safe anymore and everyone is searching for methods of protection. In times of crisis however, people of faith, as it has happened throughout history, can find encouragement and comfort through the promises of God. One such passage people often turn to for comfort is Psalm 91.

SCRIPTURE: Read Psalm 91 (New Living Translation)

DISCUSSION:

1. What stood out in today's message? We all can point to traumas and troubles serious enough for us to call out to God for rescue, experiences or periods in our lives which we will never forget, even if they resolve well. Can you think of experiences which, instead of strengthening your trust in God, have shaken it? Can you also point to times in your life which you feel have left you bolder and more willing to trust in God? Share them with your group.
2. Read Psalm 91, it is an eloquent testament to deep trust in God. As those who follow a crucified Lord, the promises of Psalm 91 are best expressed by 1 Peter 5:5-6 and Philippians 4:6-7; God genuinely cares for our welfare and even in our trials will walk with us and give us his peace. Share a time when you know that it was God that protected you when you could not protect yourself.
3. One theme that surfaces in this song is the benefit of following God. "Because you have made the Lord your dwelling place...no evil shall be allowed to befall you" (91:10). This song helps up draw a connection between faithfulness to God and blessing.
4. In these verses appear 4 themes:
 - God is enormous
 - All of creation is from God, for God and through God
 - People are temporary and frail
 - People benefit in many ways from following God.

THE SAINT PAUL'S BAPTIST CHURCH
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Why do we need reminders that God is enormous and worthy of worship?

5. What does the word “abide” mean to you in Psalms 91:1? How does your understanding relate to abiding in God? Examine verses 9-10; what do people need to do so God can be their dwelling place? What does Psalms 91 teach us about angels? How might this teaching help you?

CHALLENGE: Think of someone you know who needs the blessings promised in Psalms 91. Pray for that person and for the opportunity to help them.

SERVE: Pray over Psalm 91 this week. **Praise** God that it is possible to face fear and not be terrified or paralyzed. **Listen:** when you are quiet before God, it is amazing how clear things become. **Respond.** Write it down, live it out, give God praise!

ANNOUNCEMENTS: Take this time to share group announcements. Church wide and campus specific announcements can be found at www.myspbc.org. You can also “find, follow and like” our Facebook page at facebook.com/myspbc. Turn on your notifications.

CELEBRATIONS: Take this time to share praise reports (e.g. answered prayers, birthdays, anniversaries, promotions).

PRAYER REQUESTS & PRAYER: Take this time to share prayer requests. Close with prayer.

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We Care!

NOTICE: DUE TO THE COVID-19 CRISIS, ALL OF OUR CAMPUSES ARE PHYSICALLY CLOSED AT THIS TIME UNTIL FURTHER NOTICE.

As a small group leader, we depend on **you** to show members that we care. Here's a list of resources to help you.

FOR PRAYER:

CALL: 804.463.2472

EMAIL: prayer@myspbc.org.

FOR COUNSELING:

CALL: 804.643.6177

EMAIL: Barnabas@myspbc.org

TO REQUEST A HOSPITAL VISIT:

CALL: 804.304.3890 (For Emergencies)

EMAIL: ecare@myspbc.org.

TO REQUEST FUNERAL SUPPORT:

CALL: 804.304.3890 (Pastor On Call)

EMAIL: ecare@myspbc.org.

TO FIND A SUPPORT GROUP:

CALL: 804.643.6177

EMAIL: Barnabas@myspbc.org.

TO REQUEST EMERGENCY ASSISTANCE:

CALL: 804.643.4000

EMAIL: emergencyassistance@myspbc.org.

TO CONTACT MY LIFE STAGE PASTOR/DIRECTOR:

CALL: 804.643.4000 and Press 1 for the Dial By Name Directory

EMAIL:

- Imagination (0-10): Vernita Williams (Vernita.Williams@myspbc.org)
- SMB (11-19): Martina Jones-Smith (SMB: Martina.Jones-Smith@myspbc.org)
- Dreamchasers (20-29): Curtis Ballard (curtis.ballardjr@myspbc.org)
- Aspire (30-39): Lance Watson, Jr. (lance.watsonjr@myspbc.org)
- Fusion (40-49): Michelle Townsend (michelle.townsend@myspbc.org)
- Encore (50-59): Jamie Duncan (Jamie.Duncan@myspbc.org)
- Prime Time (60-69): Maceo Freeman (maceo.freeman@myspbc.org)
- Refiners (70+): TBD

GPS is a study guide based on the weekend message. The purpose of this guide is to assist small groups in study.
Previous GPS Guides are available online at www.myspbc.org.