

Welcome!

SERIES: PLOT TWIST Today's Message: Crush Your Comfort Zone Dr. Lance D. Watson, Senior Pastor

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PRAYER: Gracious God, you are interested in our growth and development. You have planned a destination and direction for us before the world ever began. We recognize that we often prefer to stay where we are and do what we know because its comfortable. Give us the courage and faith now to go where you direct and do what you say even if it's uncomfortable. We want to live like Jesus. It's in his name that we pray. Amen.

ICEBREAKER: Name something you're very comfortable doing? Share why. Name something you're very uncomfortable doing? Share why.

INTRODUCTION: The scriptural narrative has a huge twist when it comes to Abraham. He is called to leave his tribe at a time in history where tribe was everything. Your tribe was the source of your identity, protection, provision, perpetuity: your very survival! He is challenged by God to step out of his comfort zone and the amazing thing is: HE DOES! He finds the faith to crush his comfort zone and discovers a dynamic adventure ahead of him. We can do likewise.

SCRIPTURE: Read Hebrew 11:8-19

DISCUSSION:

- 1. What stood out in today's message? What's one thing you learned? What questions came to mind as you listened to the message today?
- 2. What people, places, positions, or possessions give you a "zone" of comfort in your life right now? When was the last time your faith put you in a situation where you were uncomfortable? Share that experience.
- 3. What is typically your reaction to being outside your comfort zone? Do these reactions give you insight into your level of faith?
- 4. How important is being in control for you? Can you identify ways you take control? Do you avoid conversations with people that have a different view than you? Do you allow your emotions to shut people down in conversations?
- 5. A life chartered by faith is not controlled by anxiety and insecurity. Are you aware of your own anxiety and insecurity? Are you able to recognize them before they impact those around you? Do you make yourself available to God to pray through your anxiety and insecurity?



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6. The "journey" of faith is the avenue in which we discover and work out our differences with God. Are there scriptural convictions that you struggle to embrace? Write them down and make a decision to work them out (Bible study and prayer) with God.

CHALLENGE: Romans 4:20-21 (Passion Translation): He never stopped believing God's promise, for he was made strong in his faith to father a child. And because he was mighty in faith and convinced that God had all the power needed to fulfill his promises, Abraham glorified God! What are some of God's promises we need to hold on to? Here are a few examples to consider: Isaiah 40:29, Isaiah 43:2, Mark 11:24, Philippians 4:6-7, James 4:7. Now, make your own list and pray through them.

SERVE: Pray over Hebrews 11:8-19 this week. **Praise** God in advance for God's provision, protection, and presence whenever we step outside our comfort zones at God's direction. **Listen:** when you are quiet before God, it is amazing how clear things become. **Respond**. Write it down, live it out, give God praise!

ANNOUNCEMENTS: Take this time to share group announcements. Church wide and campus specific announcements can be found at <u>www.myspbc.org</u>. You can also *"find, follow and like"* our Facebook page at <u>facebook.com/myspbc</u>. Turn on your notifications.

CELEBRATIONS: Take this time to share praise reports (e.g. answered prayers, birthdays, anniversaries, promotions).

PRAYER REQUESTS AND PRAYER: Take this time to share prayer requests. Close with prayer.





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We Care!

NOTICE: PLEASE BE PATIENT AS WE GRADUALLY REOPEN OUR CAMPUSES IN THE SAFEST MANNER POSSIBLE.

As a small group leader, we depend on **you** to show members that we care. Here's a list of resources to help you.

FOR PRAYER:

CALL: 804.463.2472 EMAIL: prayer@myspbc.org.

FOR COUNSELING:

CALL: 804.643.6177 EMAIL: <u>Barnabas@myspbc.org</u>

TO REQUEST A HOSPITAL VISIT:

TO REQUEST FUNERAL SUPPORT:

CALL: 804.304.3890 (For Emergencies) EMAIL: <u>ecare@myspbc.org</u>. CALL: 804.304.3890 (Pastor On Call) EMAIL: <u>ecare@myspbc.org</u>.

TO FIND A SUPPORT GROUP:

CALL: 804.643.6177 EMAIL: <u>Barnabas@myspbc.org</u>. TO REQUEST EMERGENCY ASSISTANCE:

CALL: 804.643.4000 EMAIL: <u>emergencyassistance@myspbc.org</u>.

TO CONTACT MY LIFE STAGE PASTOR:

CALL: 804.643.4000 and Press 1 for the Dial By Name Directory EMAIL:

- Imagination (0-10): Vernita Williams (Vernita.Williams@myspbc.org)
- SMB (11-19): Martina Jones-Smith (SMB: <u>Martina.Jones-Smith@myspbc.org</u>)
- Dreamchasers (20-29): UPC: Contact michelle.townsend@myspbc.org.
- Aspire (30-39): Lance Watson, Jr. (<u>lance.watsonjr@myspbc.org</u>)
- Fusion (40-49): Michelle Townsend (<u>michelle.townsend@myspbc.org</u>)
- Encore (50-59): Jamie Duncan (Jamie.Duncan@myspbc.org)
- Prime Time (60-69): Maceo Freeman (maceo.freeman@myspbc.org)
- Refiners (70+): UPC: Contact <u>maceo.freeman@myspbc.org</u>.

GPS is a study guide based on the weekend message. The purpose of this guide is to assist small groups in study. Previous GPS Guides are available online at <u>www.myspbc.org</u>.