

The Good Life — Week 3 Notes

Title: The Character of the Good Life

Focus: Kindness, Goodness & Faithfulness

Key Scriptures: Galatians 5:22–23 | Colossians 3:12–14 | Luke 6:35 | Proverbs 20:6

Main Idea: The Character of the Good Life is revealed through how we treat people and how consistent we remain when it's inconvenient. Kindness, Goodness, and Faithfulness are not personality traits—they are the Holy Spirit's proof that Christ is alive in us.

1. KINDNESS — The Compassion of the Good Life

- Kindness is not weakness; it's strength under control.
- Kindness notices pain that convenience often overlooks.
- We sometimes allow our convenience to inconvenience the kindness we should be extending.
- Real kindness costs you something: time, comfort, or pride.

Biblical Example: The Good Samaritan (Luke 10:33–35) — Kindness isn't planned; it's practiced.

Reflection: Where can I choose compassion over comfort this week?

2. GOODNESS — The Integrity of the Good Life

- Goodness is integrity in action — doing right when no one sees.
- When your private life disrespects your public life, you have an identity problem.
- The Holy Spirit grows goodness so that your private life and public witness agree.
- Goodness is not perfection—it's spiritual alignment.

Biblical Example: Joseph — His integrity kept him elevated when others tried to bury him.

Reflection: Where is God calling me to live with greater consistency?

3. FAITHFULNESS — The Consistency of the Good Life

- Faithfulness is staying steady when it's not easy or exciting.
- Your faithfulness should change the environment—it shouldn't be the other way around.
- Faithfulness is not about feelings; it's about focus.
- God tests faithfulness before He releases favor.

Biblical Example: Daniel — His devotion transformed the culture around him.

Reflection: Where have I allowed my environment to weaken my faithfulness?

Closing Prayer:

Lord, grow in me a heart that reflects Your character. Teach me to be kind when it's uncomfortable, good when it's unseen, and faithful when it's unpopular. Let my life bring You glory in every environment. In Jesus' name, amen.