

SAME
GOD.
BIGGER
PURPOSE.

BLESSING

It Starts With Me

BACK PAGE

REAL
PEOPLE.
BRIGHTER
TOMORROWS.

WEEK 1 DISCUSSION GUIDE

SERIES MAIN POINT

God's blessing is received, not achieved.
In Christ, you can stop living for love and
start living from it.

KEY TRUTHS TO REMEMBER

- God's story always begins with blessing.
- The curse teaches us to hide, strive, and grab.
- Jesus redeems us from the curse and brings us back into blessing.

SMALL GROUP DISCUSSION

Use these questions to process the message together.

1 Where do you feel the most pressure right now to prove yourself or perform for acceptance?

2 What are some modern 'fig leaves' students use to hide? Which one are you most tempted to use?

3 Which part of this line feels most true in your life right now: hide, strive, or grab? Why?

4 What is one lie or old story that you may have been agreeing with about yourself?

5 Which truth from Ephesians 1 is hardest for you to believe about yourself right now: chosen, loved, adopted, redeemed, or forgiven? Why?

6 What would change this week if you truly believed God's blessing is received, not achieved?

KEY SCRIPTURES

Genesis 1:27–28
Numbers 6:24–26

Genesis 3:7–10
Genesis 32:26–28

Galatians 3:13–14
Ephesians 1:3

Romans 8:31–39
Matthew 5:4

What would change if you actually believed you were already loved?

HIS
BLESSING
CHANGES
EVERYTHING.