



First, watch
this week's
video!

Use this guide to help your family learn how
God can help us live with integrity.

Activity

Scribe and Describe

What You Need:

Two sheets of paper, two writing utensils

What You Do:

Invite your child to do an activity with you. Find a place to sit where both of you can easily write on your own piece of paper.

Say, "What are some words you'd hope other people might use to describe you? Write down 10 words on your paper. I'll write down 10 words on my paper that I hope people would use to describe me. When we finish, we'll compare what we wrote."

Take time to write down 10 words while your child does the same. When you're both finished, compare lists. Look for the words you have in common. Choose a word that represents having good character.

Say, "How can we both focus on being [WORD] this week?"

Together, come up with a few ways you can focus on displaying that character trait. Find a way to display the word where you can both see it. This week, be sure to point out when you've noticed your child demonstrating that word with their actions.

Integrity:
Choosing to
be truthful in
whatever you
say and do

Memory Verse

"Anyone who lives without blame walks safely. But anyone who takes a crooked path will get caught."
Proverbs 10:9, NIV

Bible Story

A Tree and Its Fruit
Luke 6:43-45
(John 15:1-17)

Key Question

How do you want people to describe you?

Talk About the Bible Story

Open the Bible together to Luke 6:43-45 and read Jesus' words about a tree and its fruit.

Now read what Jesus said to His disciples in John 15:5.

What does it mean to live with integrity? (*Choosing to be truthful in whatever you say and do*)

What are some ways we can make sure we're living with integrity, like a "good tree"? (*By staying connected to Jesus, praying, reading the Bible*)

Who is someone that you know who has integrity because of their relationship with God? How have you seen them demonstrate integrity in their life?

Parent: Share about a time when someone was not truthful with you. Focus on how it made you feel, rather than the details of what happened. Help your child see the effects of not being truthful so they can better understand why it's so important to live with integrity.



Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"God, we want to be people who others would describe as good, patient, loving, forgiving, and joyful. We want people to notice our actions and realize that we follow You. We want to show integrity, even when it's hard. Please help us to stay connected to You, and to follow You in all we do. We love You. Amen."