

Shout Out: Who've you thanked today?



Use this guide to help your family learn about gratitude.

First, watch this week's video!

Gratitude:
Letting others know you see how they've helped you

Memory Verse
"Give thanks to the Lord, because he is good. His faithful love continues forever."
Proverbs 10:9, NIV

Bible Story
David Dances
2 Samuel 6:12b-22a

Key Question
How can you show God you're grateful?

Activity

Happy Dance

What You Need:

Extra sheet of paper, music

What You Do:

Invite your child to play a game with you. Explain that you'll take turns doing different "happy dances" while the other person tries to guess what the name of the dance might be.

Use the extra sheet of paper to cover the names of the dances so you can reveal one at a time.

Play some fun music. Go first and make up a dance for the first dance name listed while your child tries to guess what it might be called. Give them about 10 seconds, then reveal the name if they haven't guessed it yet. Then switch and let your child dance while you try to guess the dance name. Keep alternating through all the different dances.

- The Snow Ski Shuffle
- The Bumblebee Swing
- The Monkey Walk
- The Bus Driver Twirl
- The Granny Waltz
- The Giant Step Two-Step
- The Tiptoe Dance
- The Hot Foot Hop
- The Tornado Tap Dance

When you're finished, say, "Those were some creative dance moves! In today's story, David used HIS dancing to celebrate what God had done."

Talk About the Bible Story

Why was David grateful to God? (*Because the Israelites had brought the ark to Jerusalem*)

Why does God deserve to be celebrated?

Can you think of some things that God has done in your life that make you feel thankful?

What are some ways that we can show God how grateful we are? (*Praying, singing worship songs, talking about what God has done in our lives*)

Parent: Share about a time when you were so thankful for what God had done, you couldn't help but celebrate!

Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, You are worthy of our greatest expression of gratitude and our most joyful celebration. We praise You for what You have done in the past, and we look forward to all that You will do in the future. Help us celebrate You every day and show You how grateful we are for all that You're doing in our lives. We love You, and we pray these things in Jesus' name. Amen."