



How to Build a Better Marriage

Hebrews 13:4

Part Two Real Love

“Let marriage be held in honor among all, **and let the marriage bed be undefiled**, for God will judge the sexually immoral and adulterous.” (N.A.S.B.)

**Marriage bed - koite:
a place for laying down;
sexual intercourse**

**Unfiled - amiantos:
Unsoiled; free from
contamination**

**“Religion that is pure and undefiled before
God the Father is this . . . to keep oneself
unstained by the world.” James 1:27**

**Defile: desecrate something sacred. To
make something or someone unclean
or impure; to corrupt the purity or
perfection of something or someone.**

Romantic love



Romantic feelings \neq Real Love

“Falling in love” = chemical flood of adrenaline, dopamine, and serotonin.

Researches estimate that the human brain can only sustain that intense “in love” feeling for a maximum of two years. After the vows are spoken, real love must grow to take its place.

Definition of Biblical love: Not based on emotions or romance, but sacrifice and service resulting from a vow.

Truth undergirding real love; fidelity

Fidelity = safety and security; loyalty


Dying an agonizing death on a cross for ungrateful sinners was in no way romantic, but it was the ultimate expression of love. (1 John 4:9, 10)

Real Love =

Fidelity

Service

Sacrifice



**“I take you to be my wedded wife,
to have and to hold, from this day
forward, for better for worse, for
richer for poorer, in sickness and
in health, to love and to cherish,
as long as we both shall live.
According to God’s Holy Word,
this I promise you.”**