

All things were created through Him and for Him. Col 1:16

The Seven "I Am's"

Part One I Am the Bread of Life! John 6:48-51





God said to Moses, "lam who lam." And he said, "Say this to the people of Israel, 'I am has sent me to you." **Exodus 3:14**



Yes, I am the bread of life! Your ancestors ate manna in the wilderness, but they all died. Anyone who eats the bread from heaven, however, will never die. I am the living bread that came down from heaven. Anyone who eats this bread will live forever; and this bread, which I will offer so the world may live, is my flesh.



"For I have come down from heaven" (v.38, 5 x's))

The Pharisees "grumbled." (v.41) They knew that this was a clear claim to Divinity.



The manna as a "type" of Christ; to both nourish and satisfy. Hebrews 9:4

To the one who conquers I will give some of the hidden manna, and I will give him a white stone, with a new name written on the stone that no one knows except the one who receives it.' Revelation 2:17

The manna sustained life; Jesus is Life.





It was not possible for Jesus to make this heavenly food until He had offered Himself in sacrifice. The bread had to be broken before it could become the food for all who would receive it; and His blood had to be shed before the ransomed could receive its life-giving properties. In a word, the distribution of this food could only result from His redeeming death. **R.V.G. Trasker, Tyndale Commentaries**





