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I MAY BE LITTLE

BUT I'M GONNA BE  
A BIG SISTER!

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SEPTEMBER 2018



# How to Build a Better Marriage

## Hebrews 13:4

# Part One

## Strong Foundations

**“Let marriage be held in honor among all, and let the marriage bed be undefiled, for God will judge the sexually immoral and adulterous.” (N.A.S.B.)**

**Let marriage be held in honor among all**



**Begins in the heart of God with the words “God created . . .” Gen. 1:27**



**Next, woman from man in response to loneliness. Gen. 2:18**



**The purpose? Partnership and companionship - “Help meet”**

**for Marriage**

Honor = timios: Valuable, costly, esteemed; as of great price, precious!

**“A man’s greatest treasure is his wife” (Prov. 18:22).**

What, then, is honor? It is the decision to view our spouse as a priceless treasure - a person of high worth and value.

# HONORING COMMUNICATION: FIVE RULES

**5 LOWER YOUR TONE**

**4 NO NAME CALLING**

**3 NEVER SAY "ALWAYS" OR "NEVER"**

**2 ONE CRIME AT A TIME**

**1 NEVER PLAY THE "BLAME GAME"**