

*It's all about*  
**JESUS.**

*All things were created through Him and for Him. Col 1:16*

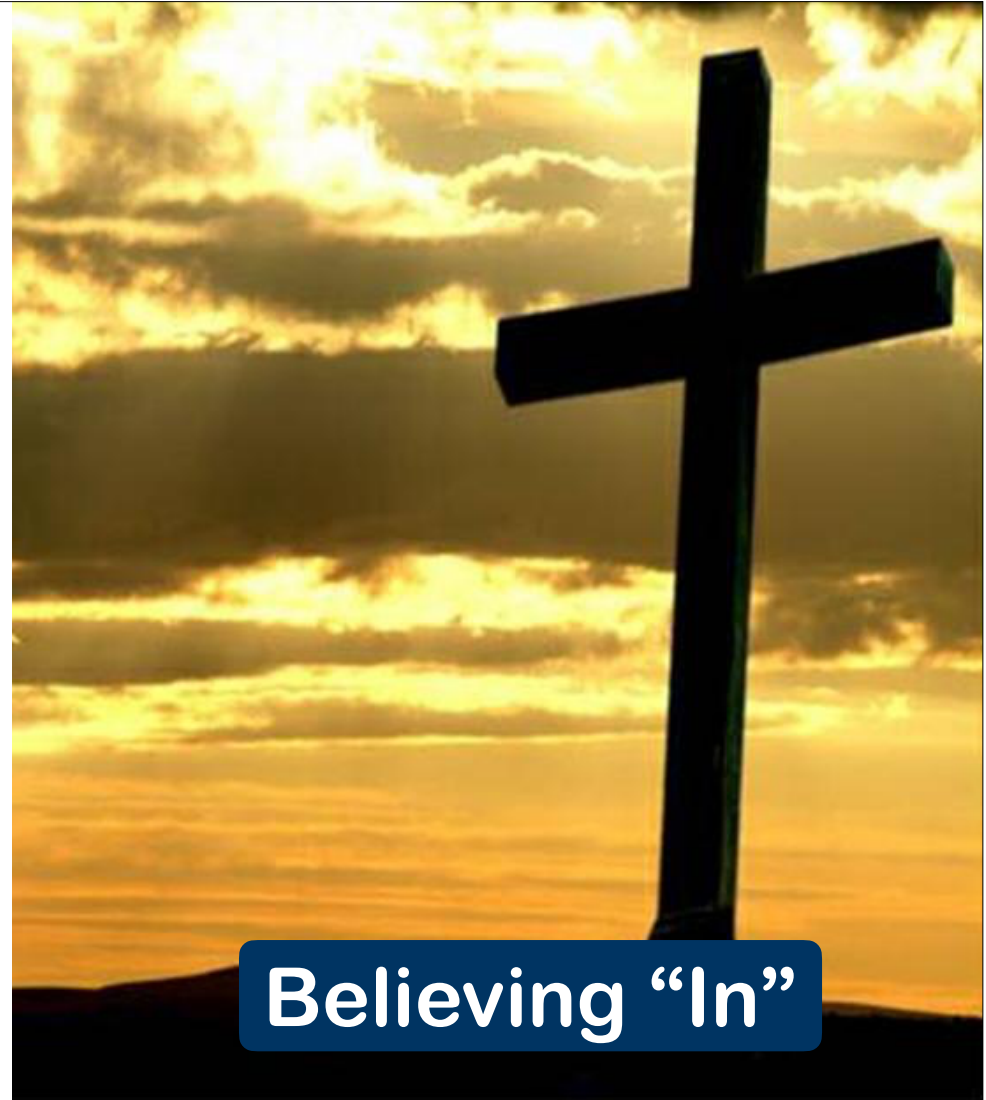
The background is a stylized illustration. On the left, three wooden crosses of varying heights stand on a rounded hill. The sky is a vibrant mix of orange, red, and yellow, suggesting a sunset or sunrise. In the foreground, there are dark blue, wavy lines representing water, with a single, larger dark blue water droplet falling from the right side. The overall mood is somber yet hopeful.

# Looking to Jesus

Part 43  
Run Free!



**Believing "for"**



**Believing "In"**

Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us **run with endurance** the race that is set before us, looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God. Consider him who endured from sinners such hostility against himself, **so that you may not grow weary or fainthearted**. In your struggle against sin you have not yet resisted to the point of shedding your blood.

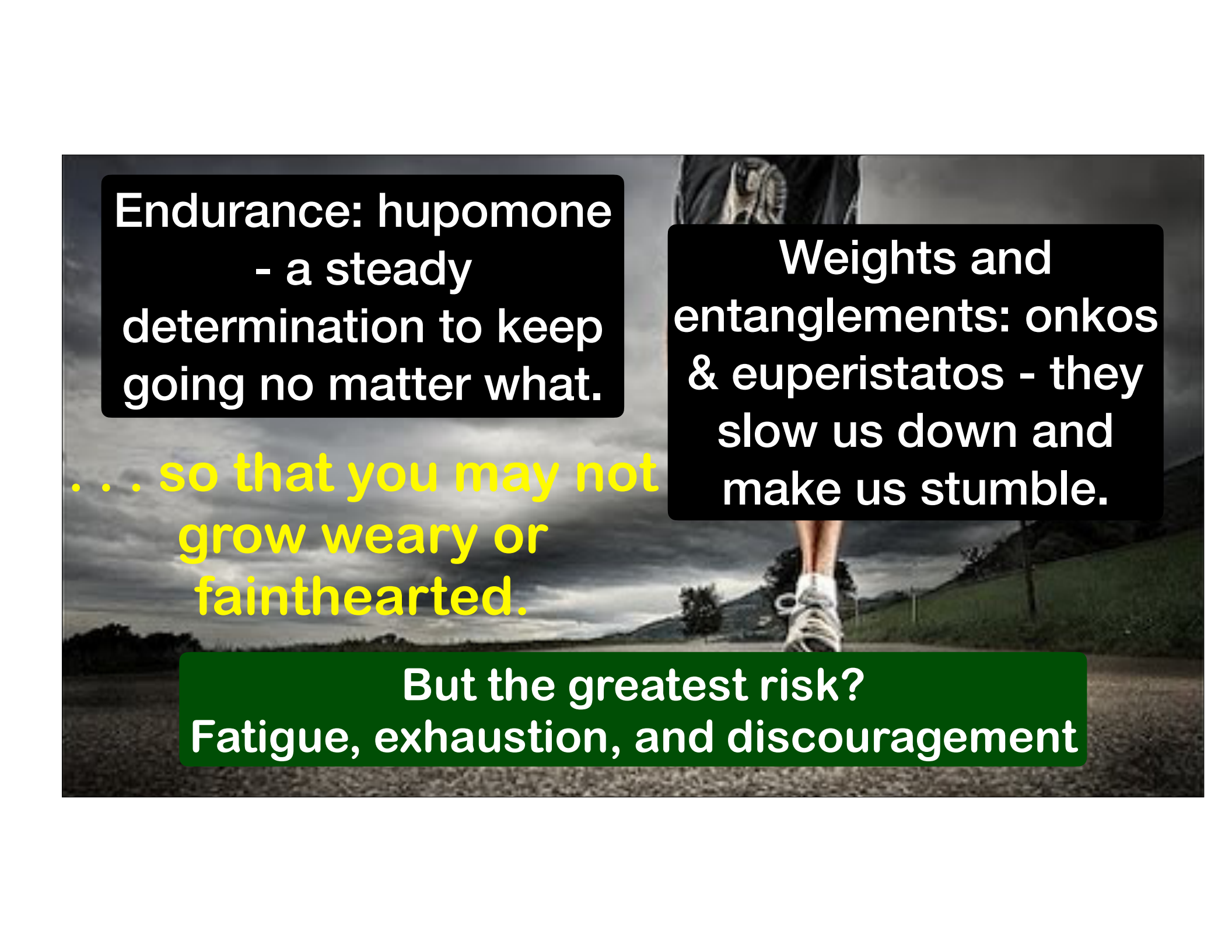


**START**

The life of a disciple of Jesus is pictured as . . .

**A Marathon**

**Speed, skill, or style are not in view here; just raw determination and perseverance.**



**Endurance: hupomone**  
- a steady  
determination to keep  
going no matter what.

**Weights and  
entanglements: onkos  
& euperistatos - they  
slow us down and  
make us stumble.**

**... so that you may not  
grow weary or  
fainthearted.**

**But the greatest risk?  
Fatigue, exhaustion, and discouragement**

The key to everything;  
“fixing our eyes on Jesus”

Author

Arhegos:  
Originator,  
Chief-leader,  
Supreme-  
Example

Perfecter

Teleiotes:  
One Who  
carries  
through to  
completion  
John 19:30

For all that is in the world  
—the lust of the flesh,  
the lust of the eyes, and  
the pride of life—is not of  
the Father but is of the  
world. I John 2:16

Looking away from enticements  
James 1:13-15