2022

#### Fearless



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#### Fear - less

Isaiah 41:10 "Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand."

# The key to living without fear is living in the fear of the Lord

Malachi 4:2 But for you who fear My Name, the sun of righteousness shall rise with healing in its wings. You shall go out leaping like calves from the stall.

### Luke 1:13,30

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Phobos – to be made afraid; seized with alarm; put to flight

## Philippians 4:6 Matthew 6:25-34 (6X) Luke 10:41

Merimna – to take thought – to be troubled with cares

# 1. We can choose not to fear and/or be anxious/worried

2. There is a difference between the fear and worry we are often debilitated by and the type of concern/stress we feel by godly burdens we're called to carry ... (e.g. Jesus in the garden)

3. And yet, whether it is godly stress or ungodly worry and fear, what we do with both is the same

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# We take intentional action – we're not helpless victims of fear and worry – "Do not be afraid" vv. 13,30

1. We go to God and truth: a. To replace the lies that have caused us fear and worry, or ... b. To reinforce our resolve and courage to successfully meet the call of God

#### Our fears and worries come when

• Our perspective is wrong

#### Mark 4:35-41

Luke 12 4 "I tell you, my friends, do not be afraid of those who kill the body and after that can do no more. 5 But I will show you whom you should fear: Fear him who, ...

Luke 12 after your body has been killed, has authority to throw you into hell. Yes, I tell you, fear him. 6 Are not five sparrows sold for two pennies? Yet not one of them is forgotten by God...

# Luke 12 7 Indeed, the very hairs of your head are all numbered. Don't be afraid; you are worth more than many sparrows.

CS Lewis in 1948. "In one way we think a great deal too much of the atomic bomb. 'How are we to live in an atomic age?' I am tempted to reply: 'Why, as you would have lived in the sixteenth century when the ...

plague visited London almost every year, or as you would have lived in a Viking age when raiders from Scandinavia might land and cut your throat any night; or indeed, as you are already living in an age of cancer, an age of syphilis,

# an age of paralysis, an age of air raids, an age of railway accidents, an age of motor accidents.'

In other words, do not let us begin by exaggerating the novelty of our situation. Believe me, dear sir

or madam, you and all whom you love were already sentenced to death before the atomic bomb was invented: and quite a high percentage of us were going to die in unpleasant ways. We had, indeed, one very great

advantage over our ancestor anesthetics; but we have that still. It is perfectly ridiculous to go about whimpering and drawing long faces because the scientists have added one more chance of painful and premature death to a

# world which already bristled with such chances and in which death itself was not a chance at all, but a certainty.

This is the first point to be made: and the first action to be taken is

to pull ourselves together. If we are all going to be destroyed by an atomic bomb, let that bomb when it comes find us doing sensible and human things - praying, working, teaching, reading, listening to music, bathing the children,

playing tennis, chatting to our friends over a pint and a game of darts - not huddled together like frightened sheep and thinking about bombs. They may break our bodies (a microbe can do that) but they need not dominate our minds."

#### Our fears and worries come when

Our perspective is wrong
Our priorities get twisted

#### Luke 10:41

#### Our fears and worries come when

Our perspective is wrong
Our priorities get twisted
Our preparation/faithfulness is lacking

# 2. We receive the truth – we actively affirm, trust and believe what is true

# 3. We live resting in the truth

#### 1 Thessalonians 5:17

# "pray continually"

#### What does that process look like?

# Philippians 4:6-8

#### Fear and Worry come when we feel

Threatened Vulnerable

Specifically, our sense of security, value, worth, or identity

## The truth is in Christ our security, value, worth, or identity are never threatened or vulnerable

We are completely secure, safe and empowered – and our identity complete and in tact

#### 2 Timothy 1:7

For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline.