

DISCUSSION GUIDE

Part 6 of Names of God

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Jehovah Rapha - God revealed as The LORD who heals - restoring, repairing, and making whole what is wounded or broken.

Three Things Difficulty Reveals

1. Structure Heals the Heart (*Psalm 119:92; Exodus 15:25*)

God often begins healing by restoring order where life has become chaotic.

Discuss:

- *Where in your life feels the most chaotic? How might God be inviting you to bring His order into that area?*
- *How have you experienced God's Word or His boundaries bringing stability or healing during a difficult season?*

2. Surrender Resets Perspective (*Psalm 119:130*)

Healing begins when we allow God's truth to reinterpret our situation.

Discuss:

- *How has God used His Word in the past to change the way you viewed a difficult circumstance?*

3. Testing Reveals What Needs Healing (*Exodus 15:25; Deuteronomy 8:2*)

God does not test to destroy faith but to reveal the heart.

Discuss:

- *What is God revealing in your heart and wanting to working in you right now?*

Four Things Healing Requires

1. Listen For God's Voice (*Isaiah 55:3*)

Bitterness grows when pain becomes the loudest voice in our lives.

Discuss:

- *What voices tend to become the loudest in your life when you are hurting or discouraged?*



2. Live What God Says (*Exodus 15:26; James 1:22*)

Hearing God's Word brings understanding, but living it brings transformation.

Discuss:

- *What makes it difficult sometimes to move from hearing God's Word to actually living it out?*
- *Is there something God has already shown you in His Word that He may be inviting you to act on right now?*

3. Lean Into God's Word (*Exodus 15:26; James 1:22*)

The direction of your attention often determines the condition of your heart.

Discuss:

- *When life feels overwhelming, what do you usually turn your attention toward first? How can you refocus it to be on God and His promises?*

4. Guard What God Gives (*Exodus 15:26; Proverbs 4:23*)

Healing is not only something God does. It is something we must protect.

Discuss:

- *What boundaries might help you guard the healing God is doing in your heart?*
- *How is God healing you deeper than just physically?*