



DISCUSSION GUIDE

Part 5 of The Fruit of the Spirit

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1. Christian Kindness Costs (Mark 14:3)

"She broke the flask and poured it over his head."

Discuss

- What are some modern examples of kindness that cost something significant—whether time, reputation, or money?
- How does costly kindness reflect the nature of Christ's sacrifice?
- What are you currently holding onto that might need to be "poured out" in costly kindness for someone else?

2. Christian Kindness is Controversial (Mark 14:4–5)

"Why was the ointment wasted like that?"

Discuss:

- Why do acts of kindness sometimes provoke criticism or misunderstanding—even from well-meaning people?
- How can we stay faithful in showing kindness when others question or mock our motives?
- What does this moment in Scripture reveal about the difference between practical charity and sacrificial love?

3. Christian Kindness Commemorates (Mark 14:6–9)

"Wherever the gospel is proclaimed...what she has done will be told in memory of her."

Discuss:

- Why do you think Jesus wanted this woman's act of kindness remembered wherever the gospel is preached?
- What kind of legacy does sacrificial kindness leave behind?

"Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you." Ephesians 4:30–32

Discuss:

- Why do bitterness and kindness have such a hard time coexisting in our hearts?
- In what ways does forgiveness express the deepest form of Christian kindness?

