

DISCUSSION GUIDE

Part 4 of Names of God

[Watch Sermon](#) | [Sermon Notes](#)

El Shaddai: God Almighty. Completely sufficient. Fully able. Never lacking.

1. **Substitute** (Genesis 12:2; 16:2; 16:16)

God doesn't bless us just to have more. He blesses us so we can overflow into others.

Discuss:

- *Where are you currently experiencing overflow and how can you outwardly share that blessing instead of keeping it to yourself?*

Abram tried to "help" fulfill God's promise and created Ishmael instead.

Discuss:

- *Where are you tempted to produce something in your own strength instead of trusting El Shaddai to fulfill His promise in His timing?*
- *Have you ever created an "Ishmael"? What did that season teach you about God's sufficiency?*

2. **Suspect** (Ruth 1:1; Ruth 1:20–21; Hebrews 12:15)

Naomi came back saying, "Call me Mara," because she felt empty.

Discuss:

- *When life feels empty or disappointing, what's your instinct?*
- *Has God ever allowed a season that felt like loss or emptiness, but later you realized it was for your good? What did that season produce in you?*

3. **Surrender** (Psalm 91:1; John 15:5)

Psalm 91 says protection is found in dwelling and staying close.

Discuss:

- *Have you grown cold or passive toward what God is doing? Where do you need to fight apathy and choose to dwell instead of drift?*
- *If apart from Him you can do nothing, what area of your life needs a fresh surrender so you can experience the strength and sufficiency of El Shaddai?*

