

## Big Question

**Question - Why do people not choose Jesus?**

**Answer - People are born with sin and choose what they want rather than what God wants.**

## Bible Time

“Be strong! God is strong, and He will give you strength.” Paul wrote these words in a letter to the church at Ephesus. Paul was in prison in Rome, and he knew from experience that the Christian life was not an easy life. In fact, the Christian life is like a battle. The battle is difficult, and it is not a battle against other people. The battle is against evil.

Paul told believers how to fight. “Put on the full armor of God,” he said. “It will help you stand up against the devil, who is trying to trick you.”

Paul wrote about the importance of being ready for battle. He said that God gives us what we need to stand strong against evil. Evil is strong, but God is stronger. These are the pieces of God's armor:

**Read Ephesians 6:10-20**

## Talk It Out

**Why is it important to put on the full armor of God?**

**Do we need to put on our spiritual armor everyday? Why?**

**Is the Christian life easy? Why not?**

**Why do we not need to fear evil? Who is on our side?**

**Why does Paul tell Christians to remember to keep praying?**

**How often do you pray? Should you be praying more?**

## Pray About It

**Thank Jesus that we can be equipped with the full armor of God to protect us from the evil one!**

**Ask God to help us remember the importance of praying and to go to Him often!**