

# CALVARY LIFE BROOKLYN

## Practical Ways to FOLLOW Jesus and GROW Spiritually

**Matthew 6:5-13**; When you *PRAY* (v. 5)...

**WORDS:** Prayer (proseuche - toward-will), Supplication, Intercession, Ask, Beg

**SCRIPTURES about Prayer** - Ephesians 6:18 - Hebrews 4:16 - 1 Thessalonians 5:16-18 - Philippians 4:6-7 - 1 John 5:4-15 - 1 Timothy 2:1-7 - James 5:13-18

### **THE PRACTICE OF PRAYER: ACTS**

- 1) **ADORATION** - *Telling God how much you love Him and Why...*
- 2) **CONFESSION** - *Telling God "I'm sorry" for specific actions and attitudes? -*
- 3) **THANKSGIVING** - *Thanking God.*
- 4) **SUPPLICATION** - *Bringing a concern to God and inviting Him to help.*

### **PRAYER IS WORSHIP:**

- OUR FATHER IN HEAVEN...HALLOWED BE YOUR NAME...

### **PRAYER IS SURRENDERING & SUBMITTING (SACRIFICIAL):**

- YOUR KINGDOM COME...YOUR WILL BE DONE...ON EARTH AS IT IS IN HEAVEN...FOR YOURS IS THE KINGDOM AND THE POWER AND GLORY...

### **PRAYER IS DEPENDENCE:**

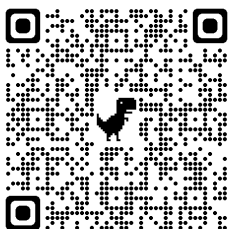
- GIVE US...FORGIVE US...LEAD US...DELIVER US...

### **PRAYER IS TRANSFORMING:**

- YOURS is the KINGDOM and the POWER and the GLORY FOREVER. AMEN.

### **PRAYER IS BELIEVING IN ETERNAL THINGS**

**Get Started** - Just Start Praying, Pray with others, Start a Prayer Journal, Go on a Prayer Walk, Pray as you workout, clean the dishes, fold laundry...



PRAYER STARTER KIT



FASTING STARTER KIT