

# weekly guide

dealing with our past: get over it  
pastor dre burgs



Talking through the weekly message helps you turn information into application. These talking points, questions, and scriptures are designed to help you make the next move.

**Care:** How are we doing? (Share brief update, listen, encourage, pray)

**Loving Accountability:** This time of accountability is for all to share if they were faithful on following through with the goals, they set the previous week. *Give an account of your obedience to the goals you set last week (Obey, Abide, Train, Share).*

**Move Up:** Connect to Christ

- How have you been with Jesus this week? Are you obeying the word?

**Move Out:** Connect to Culture.

- How have you tried to be like Jesus this week?

**Move In:** Connect Culture to Christ.

- How did you share the gospel this week?

**Vision:** Acts 2:36-47 (*What can we be or do in the kingdom?*)

## Icebreaker: Questions to Get You Talking

- Do you have any anxiety or fear about doing this part of the Practice? If so, why?
- What are some unhealthy relational patterns in your family or origin going back a few generations that you've already seen broken in your own life or by others in your extended family?

**Key Scriptures:** <sup>13</sup> Brethren, I do not regard myself as having laid hold of it yet; but one thing I do: forgetting what lies behind and reaching forward to what lies ahead, <sup>14</sup> I press on toward the goal for the prize of the upward call of God in Christ Jesus. **Philippians 3:13-14**

**Retell The Message Together:** We were created as emotional beings and as we press into things from our past we are bound to experience a range of emotions. One of the first things God may do with many of us is to take us back in our past so He can begin to clean up any wreckage that may have occurred. The reason for this is because too many Christians are bound up in their past – and as a result, they cannot fully live in their present. Before you can really move forward into the divine destiny that God has in store for you in this life, you first may have to deal with some specific things that may have occurred in our past and the relational patterns that appear in our present.

## Discover:

- What do we learn from the message and scripture about God (Father, Jesus, Holy Spirit)?
- What do we learn from the message and scripture about people?
- Is there anything from the story Jesus wants us to obey?

## Goals our Pastor(s) want you to set:

- **OBEY:** Work through your past it with your city group, a weekly meal with friends or neighbors, your roommates, whatever works. Transformation happens in community.
- **ABIDE IN:** Read Philippians and pray daily.
- **TRAIN:** You need to train your disciples in this. If you don't have a disciple, who can you practice it with this week? Join us weekly on Wednesday for "**Mentor Me To Move**" disciple making training (Zoom Code: 389-476-789).
- **SHARE:** "Who from your oikos map will you share this story/message or share the gospel with this week?"

**Commission/Pray:** Ask God for His power to help you observe these goals.