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# WEEKLY GUIDE

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JULY 2020

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# MOVEMENT @ HOME

Gather together as a Community in a comfortable setting (around a table, on the couch, the floor of a living room, etc.). Have somebody lead a prayer asking the Holy Spirit to lead and guide your time together.

## **Work through these questions together as a Community (25 – 30 minutes)**

1. Do you have more clothes than you regularly wear? Why is that?
2. Day to day, why do you wear what you wear? (E.g. people you'll see, what you need to do that day, what's clean, expression of style, something else...?)
3. Do you carry much emotional attachment to your wardrobe? Why might that be?
4. A couple of times this week, read a few verses: Luke 12:22-25. After you read those verses, ask yourself if you are worrying about what you possess. Are you trying to own more in order to feel more comfortable?
5. And are you placing your trust in things instead of God?

### MESSAGE REVIEW

Throughout the Scriptures, Jesus and the writers of the Bible encourage us to live and dress simply, modestly, and not in order to impress others or show off our wealth. Instead, we ought to concern ourselves with the things of God, not worrying about what we'll wear. This is much easier said than done. Most of us have an emotional relationship with our clothing and how it impacts the way people judge or perceive us. As a result, many if not all of us have accumulated far more in our closets than we need.

## THE LAB

The lab for this week is simple: to begin simplifying our wardrobe. In the quest to simplify our life, we thought it would be fitting to start with our closet.

There are three basic steps:

1. Take everything out of your closet, and put it in a pile on your bed.
2. Sort your apparel into four piles:
  - Giveaway:
  - Sell:
  - Throw away or recycle:
  - Keep:
3. Set a self-imposed wardrobe item limit.



# MENTOR ME TO MOVE

Talking through the weekly message helps you turn information into application. These talking points, questions, and scriptures are designed to help you grow in community.

## MOVE UP

Be With Jesus

Connect To Christ

## MOVE OUT

Become Like Jesus

Connect To Culture

## MOVE IN

Do What Jesus Did

Connect To Culture To Christ

## SCRIPTURE

Read the scripture

## DISCOVER

Use the Sword Bible Study method to discuss the message and reveal its meaning for our lives.

- How have you been with Jesus this week?
- Are you obeying the word?
- How have you self emptied to become like Jesus this week?
- How are you loving others (spouse, kids, family, church family and your neighbors?)
- When we choose to follow Jesus, we choose sacrifice over selfishness, the cross over comfort, and God's mission over maintaining the status quo. Have you done what Jesus did this week?
- Read the scripture from **Genesis 3:7-10; Luke 12:22-31**
  - What do we learn about God/Jesus/Holy Spirit?
  - What do we learn from the people in this story?
  - Use "S.P.E.C." to discuss from the passage if there is a:
    - Sin to avoid?
    - Promise to claim?
    - Example to follow?
    - Command to obey?

## GOALS TO SET:

**OBEY:** Think of someone in need of encouragement. Commit to lifting them up in some small (or big!) way this week. We're all chasing something.

**ABIDE IN:** Read Genesis 3:7-10; Luke 12:22-31 and pray daily.

**TRAIN:** You need to train your disciples in this. If you don't have a disciple, who can you practice it with this week? Join us weekly on Wednesday for "Mentor Me To Move" disciple making training beginning on September 2, 2020 (**Zoom Code: 389-476-789**).

**SHARE:** "Who from your oikos map will you share this story/message or share the gospel with this week?"

## MOVEMENT KIDS PARENTING TOOLKIT

Hi, Parents!

If you're anything like us you've used the phrase kids go outside a lot this week. We've even reinstated quiet time in our home something we haven't done since the kids dropped their naps. Why? Because giving ourselves space helps alleviate tensions that naturally build especially with the close quarters of quarantine. But thank God this need for space doesn't apply to our relationship with Jesus it's actually his nearness that feeds our soul. It's our prayer this week that you and your incredible kids experience Jesus. And we hope this tool kit helps.

We love you and admire how you are leaving your family.

-Pastors Dre + Shawn Burgs

### FAMILY CONVERSATION QUESTIONS:

- Do you have more clothes than you regularly wear? Why is that?
- Do you have clothes that you are willing to give to kids in need?
- How can we get ride of some clothes that you don't need and focus on Jesus?

### MEMORY VERSE

Read the memory verse. Take a moment to go over it with your Movement Kid(s) and repeat it. As you go through the week, remind your child about it, maybe reviewing it at breakfast or before bed. Ask your child what they think it means! The more we fill our hearts with God's word, the more we can be formed by the gospel.

Don't worry about the clothes you need for your body. Luke 12:22b

### PRAYER

1. If they haven't done so yet, ask your child if they want to say yes to Jesus' love and follow His teachings?
2. Thank You for loving us. Thank You for giving us the Bible so we can learn about Your love. Thank You for Your plan to show love to everyone all over the world. We are glad You love us so much that You sent Jesus. Please help us to learn more about You and to trust You more. In Jesus' name, amen.

# MOVEMENT STUDENTS

Use the following thoughts and questions to have a spiritual conversation as a family. Don't emphasize having the right answer, but focus on spending time discussing the Word as a family.

## STUDENT CONVERSATION QUESTIONS:

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- Do you carry much emotional attachment to your wardrobe? Why might that be?

### MESSAGE REVIEW

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Who or how do you most identify with in the message and why?

Read the scripture from Genesis 3:7-10; Luke 12:22-31

- What do we learn about God/Jesus/Holy Spirit?
- What do we learn from the people in this message?
- Use "S.P.E.C." to discuss from the passage if there is a:
  - Sin to avoid?
  - Promise to claim?
  - Example to follow?
  - Command to obey?

What keeps me from following/trusting Jesus today?

