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# WEEKLY GUIDE

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JULY 2020

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# MOVEMENT @ HOME

## MOVE UP

Be With Jesus

Connect To Christ

## MOVE OUT

Become Like Jesus

Connect To Culture

## MOVE IN

Do What Jesus Did

Connect To Culture To Christ

## SCRIPTURE

Read the scripture

## DISCOVER

Use the Sword Bible Study method to discuss the message and reveal its meaning for our lives.

Talking through the weekly message helps you turn information into application. These talking points, questions, and scriptures are designed to help you grow in community.

- How have you been with Jesus this week?
- Are you obeying the word?
- How have you self emptied to become like Jesus this week?
- How are you loving others (spouse, kids, family, church family and your neighbors?)
- When we choose to follow Jesus, we choose sacrifice over selfishness, the cross over comfort, and God's mission over maintaining the status quo. Have you done what Jesus did this week?
- Read the scripture from Luke 6:45
- What do we learn about God/Jesus/Holy Spirit?
- What do we learn from the people in this story?
- Use "S.P.E.C." to discuss from the passage if there is a:
  - Sin to avoid?
  - Promise to claim?
  - Example to follow?
  - Command to obey?

## GOALS TO SET:

**OBEY:** Think of someone in need of encouragement. Commit to lifting them up in some small (or big!) way this week. We're all chasing something.

**ABIDE IN:** Read Luke 10:2 and pray daily.

**TRAIN:** You need to train your disciples in this. If you don't have a disciple, who can you practice it with this week? Join us weekly on Wednesday for "Mentor Me To Move" disciple making training beginning on September 2, 2020 (**Zoom Code: 389-476-789**).

**SHARE:** "Who from your oikos map will you share this story/message or share the gospel with this week?"

# BEGIN WITH PRAYER

## ASK SOMEONE CLOSE TO YOU

Jesus' haunting teaching is that, "out of the abundance of the heart the mouth speaks." Meaning that what we say is a reflection of our inner world, for better or for worse. Ask a close friend or your spouse what they would say your heart speaks.

## EXAMINE YOUR LIFE

As you consider your life and personality, in which situations might you find it difficult not to speak?

Gather together as a Community in a comfortable setting (around a table, on the couch, the floor of a living room, etc.). Have somebody lead a prayer asking the Holy Spirit to lead and guide your time together.

# THE LAB

The Practice for this week is simple. Set a goal to catch yourself 1-3 times per day before you speak and choose to be silent instead. This could be a moment when you would interject your opinion, share how you feel about someone, provide advice, or just fill the space. Instead, choose not to say anything. Then, take some time to reflect on how choosing silence over words made you feel.

The goal here is not for you to feel hesitant or self-conscious in every conversation in the week ahead, but to notice what happens when we choose not to speak.

## Work through these questions together as a Community (25 – 30 minutes)

1. When was the last time you regretted what you said or said too much?
2. What will be more difficult for you: Speaking less or using your words for good (truth, clearly stating what you want, building people up, blessing)?

## MOVEMENT KIDS PARENTING TOOLKIT

Hi, Parents!

If you're anything like us you've used the phrase kids go outside a lot this week. We've even reinstated quiet time in our home something we haven't done since the kids dropped their naps. Why? Because giving ourselves space helps alleviate tensions that naturally build especially with the close quarters of quarantine. But thank God this need for space doesn't apply to our relationship with Jesus it's actually his nearness that feeds our soul. It's our prayer this week that you and your incredible kids experience Jesus. And we hope this tool kit helps.

We love you and admire how you are leaving your family.

-Pastors Dre + Shawn Burgs

### FAMILY CONVERSATION QUESTIONS:

- Have you said something that you wished you could take back?
- What do our words say about us?
- Why should we be careful with our words?
- How can we speak like Jesus would?

### MEMORY VERSE

Read the memory verse. Take a moment to go over it with your Movement Kid(s) and repeat it. As you go through the week, remind your child about it, maybe reviewing it at breakfast or before bed. Ask your child what they think it means! The more we fill our hearts with God's word, the more we can be formed by the gospel.

A good person has good things saved up in his heart. And so he brings good things out of his heart. But an evil person has evil things saved up in his heart. So he brings out bad things. A person speaks the things that are in his heart. Luke 6:45

### PRAYER

1. If they haven't done so yet, ask your child if they want to say yes to Jesus' love and follow His teachings?
2. Thank You for loving us. Thank You for giving us the Bible so we can learn about Your love. Thank You for Your plan to show love to everyone all over the world. We are glad You love us so much that You sent Jesus. Please help us to learn more about You and to trust You more. In Jesus' name, amen.

# MOVEMENT STUDENTS

Use the following thoughts and questions to have a spiritual conversation as a family. Don't emphasize having the right answer, but focus on spending time discussing the Word as a family.

## STUDENT CONVERSATION QUESTIONS:

- Have you ever spoken words that you wished you could retract?
- Have you ever lashed out in anger? Spoken words of harsh criticism out of bitterness or a spirit of revenge?
- What does Jesus say about the abundance of the heart?
- How can we speak like Jesus would?

### SCRIPTURE

Read the scripture

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### SOCIAL MEDIA

Visit the [movement.students](#) on Instagram. Our student leads are hosting there weekly. You can talk with them or just enjoy the weekly content!

