



Talking through the weekly message helps you turn information into application. These talking points, questions, and scriptures are designed to help you make the next move.

**City Group Icebreaker:** *Questions to Get You Thinking*

- Please share with our group a “hard struggle” or “heavy load” you have carried in your past.
- How did carrying this heavy load effect your daily life? Emotionally? Spiritually? Physically? Relationally? Etc.?

**Key Scriptures:** Matthew 11:28-29

**The Essential Questions:** By narrowing the focus on your work to questions such as these, you'll be able to appropriate a healthy spiritual vision for how your faith and family intersect.

- The restless soul is searching but never finding, It's interested in everything but satisfied with nothing. Where do we find rest for our souls? (Psalm 62:1)
- What do we learn from the message and key scripture about God (Father, Jesus, Holy Spirit)?
- What do we learn from the people in the story?
- Is there anything from the message and key scripture key scripture Jesus wants us to obey?
- Apply the weekly message. Answer the question, “No matter where I am spiritually, what would it look like for me to apply this week's message?”

**Breakouts:** Break into smaller, gender-specific groups of 3-4 for discussion to discuss our daily rhythms.

**Move Up.** Connect to Christ

- How have you been with Jesus this week?

**Move Out.** Connect to Culture.

- How have you tried to be like Jesus this week?

**Move In.** Connect Culture to Christ.

- When we choose to follow Jesus, we choose sacrifice over selfishness, the cross over comfort, and God's mission over maintaining the status quo. Have you done what Jesus did this week?

**Goals our Pastor(s) want you to set:**

- **OBEY:** This week, make a commitment to strengthen your attachment to Jesus. Make a decision to obey his commands, study God's Word, meet together with other Christians for times of fellowship and prayer, and devote yourself completely to Jesus.
- **ABIDE IN:** Read Matthew 11, and pray daily
- **TRAIN:** You need to train your disciples in this. If you don't have a disciple, who can you practice it with this week?
- **SHARE:** “Who from your oikos map will you share the gospel with this week?”

**Commission/Pray:** Ask God for His power to help you obey these goals.