

weekly guide

dealing with our past: generational blessings
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Talking through the weekly message helps you turn information into application. These talking points, questions, and scriptures are designed to help you make the next move.

Care: How are we doing? (Share brief update, listen, encourage, pray)

Loving Accountability: This time of accountability is for all to share if they were faithful on following through with the goals, they set the previous week. *Give an account of your obedience to the goals you set last week (Obey, Abide, Train, Share).*

Icebreaker: Questions to Get You Talking

- Did you have any revelations or breakthrough moments from the last week's practice that you would like to encourage the whole group with?
- Would somebody be willing to share a narrative script that was revealed to you through this practice? Maybe a lie you've been believing?
- What are ways we can help speak truth into your life to counter the lie?

Retell The Message Together: In the teaching, we looked at the story of Abraham, Isaac, Jacob, and his twelve sons - four generations that formed the nucleus of Israel. We looked at the story of Lois, Eunice and Timothy. But this time, we didn't look at generational sins, but generational blessings. The reality is, that family was a mix bag of good and bad. Most families are like that.

The Lab: Here's the practice for the coming week:

- This week is the roadmap for how to move forward. After four emotionally grueling weeks, we're finally ready to put it all together with three simple exercises.
 - If you're single, now is a great time to clarify what you want to break and what you want to carry forward into the generations that come after you.
 - This is an especially helpful practice to do if you're a newly married or just starting a family. You now carry *two* very different family of origins into a new family unit. The result will be a whole new combination. What will you keep? What will you discard? What will you contribute? Spend time together going over your list of stops, start, and/or continue.

Move 1: Stop

- Write out any patterns, scripts, traditions, and values from your family of origin that you want to break.
 - Think over the last three weeks of exercises and glean the highlights.

Move 2: Start

- Write out any patterns, scripts, traditions, and values that you want to start with your generation.
 - It might be a simple script like, "The family that plays together, stays together." Or a fun tradition like always cutting down a Christmas tree the day after Thanksgiving. Or it might be a value for community or generosity or the practice of Sabbath. Anything goes here. Dream a little. Then see those dreams become reality.

Move 3: Continue

- Write out any patterns, scripts, traditions, and values from your family of origin that you want to carry forward to the next generation - your children, or just children you are in relationship with through family, community, church, etc.
 - If you can't identify a blessing from your family line due to the emotional pain of your story, don't let it ruin you. The future is wide open before you. Let the Heavenly Father start a new family line through your story. Take this time to pray in that direction.

Goals our Pastor(s) want you to set:

- **OBEDY:** This is a key part of the practice. It's essential that we identify the blessing of our family line, thank God for it, and carry it forward.
- **ABIDE IN:** Read Genesis 12:1-3 and pray daily.
- **TRAIN:** You need to train your disciples in this. If you don't have a disciple, who can you practice it with this week? Join us weekly on Wednesday for "**Mentor Me To Move**" disciple making training (Zoom Code: 389-476-789).
- **SHARE:** "Who from your oikos map will you share this story/message or share the gospel with this week?"

Commission/Pray: Ask God for His power to help you observe these goals.

