

Flirting With Disaster

Help, I Think I'm In Lust ~ Pastor Dre

TALK IT OVER

City Group Connect (10-15 min). Spend some time connecting with each other.

- Briefly share how the last week has gone for you.
- Where have you seen God at work in your life or the lives of others this past week?

Breaking The Ice.

- How has the media influenced our attitudes about lust, sex and singleness?
- How is sex outside of marriage viewed by many of the people you know?

Key Scriptures:

²⁷ "You have heard that it was said, 'YOU SHALL NOT COMMIT ADULTERY'; ²⁸ but I say to you that everyone who looks at a woman with lust for her has already committed adultery with her in his heart. ²⁹ If your right eye makes you stumble, tear it out and throw it from you; for it is better for you to lose one of the parts of your body, than for your whole body to be thrown into hell. ³⁰ If your right hand makes you stumble, cut it off and throw it from you; for it is better for you to lose one of the parts of your body, than for your whole body to go into hell. **Matthew 5:27-30**

Additional Scripture:

Lust is deceitful (Ephesians 4:22)
Lust is foolish / harmful (1 Timothy 6:9)
Lust is corrupt (2 Peter 2:10)
Lust is and controlling (Romans 6:12)

Types of Lust:

The lust of the flesh is that temptation to feel physical pleasure from some sinful activity—to do something to make the flesh feel satisfied.

The lust of the eyes is that temptation to look upon things we shouldn't look upon, or to have things that we shouldn't have.

Start Talking.

- What is one thing that stood out to you from this week's message?
- Should Christians make excuses for our bad habits?
- How would you describe lust?

Start Thinking.

- In what ways has lust permeated our culture and our church?
- Read Ephesians 4:17-24, 5:1-5. In what ways were the Ephesians instructed to not live as Gentiles? (4:17-19) How does the Gentile (worldly) mindset affect a person's choices and behavior? What is the first step to changing an old pattern of behavior? (4:23) What is the nature of our new self? (4:24) How would believing this about yourself motivate you to live a life of moral excellence? (5:1-3)
- Read 1 Thessalonians 4:1-8. What are God's desires for our sexuality? (4:3-8) How is the Christian's sexual conduct to be different from that of the non-Christian? (4:4-5) When a person rejects God's instructions on sexual behavior, what are they rejecting? (4:8) How can we wrong a person by our sexual behavior? What should motivate us to live a pure and holy life?

Start Sharing.

- Why is avoiding lust important?
- What ways could we avoid flirting with lust this week?
- How can we pray for you?

Start Doing.

- What ways could you avoid lust this week?
- What are some safeguards you can use this week?
- Try these practical steps and ask God to lead you to victory.
 - Ask God for help.
 - Die to lust.
 - Walk in the Spirit.
 - Renew your mind.
 - Resist and flee. RUN!

Start Praying.

"Dear Heavenly Father, I can't deal with lust apart from you. Please forgive me and cleanse me from my sin. And please replace my lustful desires with Your desires for my life, so that I can glorify You in everything I do. Thank You. In Jesus' name, Amen"

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