

# “You Ran Well... But What Hindered You?”

2025 Year-End Reflection &  
Examination

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# The Mirror

“Let us test and examine our  
ways,  
and return to the Lord!” -  
Lamentations 3:40

# Mirror-Reflection Questions

Am I willing to pause long enough to examine this year honestly?

What part of this year have I avoided reflecting on?

What might God want me to see before I move forward?

# Faithful Does Not Mean Finished

Faithfulness ≠ Alignment

Examine yourselves, to see whether you are in the faith. Test yourselves. Or do you not realize this about yourselves, that Jesus Christ is in you?—unless indeed you fail to meet the test!

-2 Corinthians 13:5

Now, therefore, thus says the Lord of hosts: Consider your ways. -Haggai 1:5

# Faithful Does Not Mean Finished

## (2 Corinthians 13:5 / Haggai 1:5)

- Where was I faithful this year?
- Where might I have been consistent but misaligned?
- What routines have I maintained without re-examining?
- Where is God asking me to 'consider my ways'?

# When Good Becomes Comfortable

And it is my prayer that your love may abound more and more, with knowledge and all discernment, <sup>10</sup> so that you may approve what is excellent, and so be pure and blameless for the day of Christ, (Philippians 1:9–10)

# When Good Becomes Comfortable

## (Philippians 1:9–10)

- Where did 'good enough' replace hunger for better?
- What once required faith but now feels automatic?
- Where has comfort dulled my expectancy?
- What stretch have I avoided because things were working?

# Procrastination & Excuses: The Hidden Hinderances

“You were running well. Who hindered you from obeying the truth?”

Galatians 5:7

# Procrastination (Galatians 5:7)

What obedience have I delayed this year?

Where have I said 'not yet' instead of 'yes'?

What has delay cost me spiritually, relationally,  
or practically?

# Excuses

“The plans of the diligent lead surely to abundance, but everyone who is hasty comes only to poverty.” -Proverbs 21:5

# Excuses

## (Proverbs 21:5)

What explanations have I used to protect comfort?

Which excuse sounds reasonable but resists obedience?

What responsibility have I avoided owning?

# Mistakes, Pruning, and Growth

Every branch in me that does not bear fruit he takes away, and every branch that does bear fruit he prunes, that it may bear more fruit.

-John 15:2

# Mistakes, Pruning, and Growth

## (John 15:2 / Proverbs 24:16)

What mistake do I still avoid naming?

What did it cost me not to face it sooner?

What might God be pruning — not because I failed, but because He wants more fruit?

Where is growth requiring something to be cut away?

# Laying Aside Every Weight

Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us,<sup>2</sup> looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God.- Hebrews 12:1-2

# Laying Aside Every Weight

(Hebrews 12:1)

What slowed me this year even though it wasn't sin?

What weight have I normalized carrying?

What habit, pattern, or responsibility must be laid aside?

What would endurance look like if I ran lighter?

# Ending Well

Better is the end of a thing than its  
beginning,  
and the patient in spirit is better than  
the proud in spirit.

Ecclesiastes 7:8

# Ending Well(Ecclesiastes 7:8)

What does it mean for me to end this year well?

Where do I need alignment rather than answers?

What unfinished thing do I need to entrust to God?

How can I end this year honest, not hurried?

“Lord, what slowed  
me...and what are You  
asking me to lay  
down?”