

**Your Turn. | Week 4**  
4/26/2020

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**Reflection Focus:**

Last week we looked at how our character is the great ceiling of our capacity to minister to others in God's kingdom. We are called to 3 components of character by Ephesians 4 that we can help grow up the body of Christ to maturity in unity. These elements help us to take "Our Turn" in being people who are equipped for the good works of ministry given to each and every one of us as we follow Jesus. The first element we looked at last week was how we can become people who have intimate knowledge of Christ through scripture and walking in the Spirit.

This week we looked at how we can be people of "**faith**" who live with embodied trust in Christ. Doing so is a counter-cultural and sometimes counterintuitive endeavor that fights back against all of our impulses for self-preservation. To live as the new self we have been given in our attitude and righteousness. To put off the old ways of living in deceitful desires that self-serve, and instead to trust God by living a set-apart life of belief that God is bigger than our circumstances, fears, and control.

**Passages:** Ephesians 4:19-24 (NIV below),

***19** Having lost all sensitivity, they have given themselves over to sensuality so as to indulge in every kind of impurity, and they are full of greed. **20** That, however, is not the way of life you learned **21** when you heard about Christ and were taught in him in accordance with the truth that is in Jesus. **22** You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; **23** to be made new in the attitude of your minds; **24** and to put on the new self, created to be like God in true righteousness and holiness.*

**Reflection Questions (Use any of these questions you or your small group find helpful):**

1. Think back to when you were a teenager or were in another season of life? What are the biggest differences between who you were then and who you are now? These can be silly differences and/or meaningful ones.
2. **(Ephesians 4:19-24):** In what aspects of your faith and trust in God are you hoping to grow in maturity in this moment? What successes or challenges are you experiencing in the process?
3. **(Ephesians 4:19-24):** In what areas of your life can you clearly see a distinction between your "old self" and "new self"? When you live as a "new self" how are your life, family, relationships, co-workers, neighbors, or friendships transformed?
4. **(Ephesians 4:19-24):** How is God calling you to "put on the new self" all the more in this season? How will transformation be difficult? What will sustain your transformation into a "new self"?
5. How can we pray for/help support you in "being the church" in response to your answers to the above questions? Feel free to email [info@aseattlechurch.com](mailto:info@aseattlechurch.com)