

“PROCRASTINATION” in “A NEW NORMAL” | Wk 9 | 7/12/2020

A Seattle Church: @ASeattleChurch | Pastor @TylerGorsline:

WARM-UP: Engage (“Together”)

1. What is a funny time you tried to hold something in? (long bathroom line, innapro laugh)
2. Something ridiculous you’ve been putting off? (ie: car tabs, oil change, thank you notes)

WORD: Establish (“Truth”)

Leader: Questions below should allow for quick responses, evident by close reading of the text. Choose to use some or all of them (pending pace), as reading of the passage(s) will answer them as well.

- **Sermon Recap (if helpful):** Tyler invited us to look at how procrastinating our commitment to follow Jesus is irrational and self-harming. We often do so because of feelings about our circumstances, failures from our past, and fears of what truly trusting God would cost us in security in our future. Instead, the scriptures invite us to deny ourselves, take up our cross, and follow Jesus by dwelling in the house of the Lord daily.
- **Read Matthew 8: 18-22**
 - a. Who comes to Jesus in this passage? (Scribe/ teacher v 19, a disciple v 21)
 - b. How does Jesus respond to the scribe/ teacher?
 - c. What is the interaction between Jesus and the disciple?
Could be helpful to remember, ‘Let the dead bury the dead’ was an idiom - getting affairs in order.
- **Read Luke 9: 22-27**
 - a. What must happen to the Son of Man v 22? (suffer many things, rejected, killed, on the third day be raised)
 - b. What does Jesus call us to do in v 23? (deny oneself, take up his cross daily and follow Jesus)
 - c. How does one save their life?
- **Read Psalm 27: 1-4**
 - a. Who is the Lord to the psalmist v 1? (3 things)
 - b. What is the psalmist’s desire v4?

APPLICATION: Equip (“Way”)

1. Is there something that is holding you back from following Jesus? Is it boredom, anxiety, fear, insecurity, frustration, resentment, self-doubt that keeps up from being willing to follow Jesus?
2. For your life what does it look like to dwell in the house of God every day, to gaze on God’s beauty and seek God? (Ps 27:4)

PRAYER Empower (“Life” in the Spirit)

1. How can we pray for you?
2. Commit in prayer to put your procrastination to rest, and ask God to help you in specifics.
3. Use Psalm 27: 1-4 as a guide. Have each person read a verse and pray in their own words. Memorize this passage in your own time this week.

COMMUNION Together

Lead your group in communion in a way that feels right.

- If needed 1 Corinthians 11:23-27
 - **23** ...that the Lord Jesus on the night when he was betrayed took bread, **24** and when he had given thanks, he broke it, and said, “This is my body, which is for you. Do this in remembrance of me.” **25** In the same way also he took the cup, after supper, saying, “This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me.” **26** For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes.

ANNOUNCEMENTS at ASC

1. ASC has brought on a **new part-time communications coordinator**. Her name is Nthabi Muchi and she would love to get the chance to meet you and hear any stories you have of how God is moving in your life, your small group, and our church. Say hi to her via ASC Social Media (on [Facebook](#) or [Instagram](#)) or by emailing info@aseattlechurch.com. She will also be in town from July 15-30th from New York and is interested in the possibility of connecting with folks who have stories to share about God moving in their life at ASC and passions to help serve in communications efforts through our church.
2. If you haven't yet, **Sign up for ASC Newsletter Weekly Updates** [HERE](#). We want you to not miss any updates about upcoming plans for in-person possibilities of gathering as health permits, and all that is going on at our church.
3. We continue to **discern how to best serve our city and particular needs in this season**. **We'd love to hear of any ideas you have** for how we can serve neighbors together at this time. Please let your ASC Group leader know or send ideas to [Amanda Armes](#).
4. Finally, if you are processing these reflection questions individually and aren't yet in an **ASC Small Group, we'd love to help you connect with a group to go deeper in Jesus**. You can do so by going to aseattlechurch.com/groups or emailing Candace + Aaron at groups@aseattlechurch.com.