

# Courage Fast & Prayer



## Day 1

In you, O Lord, do I take refuge; Let me never be put to shame; In your righteousness deliver me! Incline your ear to me; Rescue me speedily! Be a rock of refuge for me, A strong fortress to save me!

~ Psalms 31:1-2

Father,

I have courage knowing that you are my refuge. I know that you hear my prayers and you come speedily to my rescue. I surrender to you this day and commit my spirit to you.

In Jesus name,  
Amen