



ND

Atonement

Fast & Prayer

Day 2

Then he said to them, “My soul is overwhelmed with sorrow to the point of death. Stay here and keep watch with me.” Going a little farther, he fell with his face to the ground and prayed, “My Father, if it is possible, may this cup be taken from me. Yet not as I will, but as you will.” Then he returned to his disciples and found them sleeping. “Couldn’t you men keep watch with me for one hour?” he asked Peter. “Watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak.”

~ Matthew 26:38-41

Father God,

Even in your sorrow you kept us in mind and for that we thank you. Forgive us Father for not praying as we should. You said that Your grace is sufficient, and Your power is perfect in our weakness, so we draw from your strength in prayer.

In Jesus name,

Amen