

# Courage Fast & Prayer

August 14-18, 2023

## Day 1

In you, O Lord, do I take refuge; Let me never be put to shame; In your righteousness deliver me! Incline your ear to me; Rescue me speedily! Be a rock of refuge for me, A strong fortress to save me! ~ Psalms 31:1-2

Father,

I have courage knowing that you are my refuge. I know that you hear my prayers and you come speedily to my rescue. I surrender to you this day and commit my spirit to you.

In Jesus name,

Amen

## Day 2

You prepare a table before me In the presence of my enemies; You anoint my head with oil; My cup overflows. Surely goodness and mercy shall follow me All the days of my life, And I shall dwell in the house of the Lord Forever. ~ Psalms 23:5-6

Father,

I have courage in the anointing that you have on my life. I thank you that you will make my enemy witness to your overflowing blessings in my life. I will dwell in your presence forever.

In Jesus name,

Amen

## Day 3

He who dwells in the shelter of the Most High Will abide in the shadow of the Almighty. I will say to the Lord, "My refuge and my fortress, My God, in whom I trust." ~ Psalms 91:1-2

Father,

I have courage because you are my God. You are my shelter and my deliverer. I put my full trust in you. I take comfort in knowing that you are my shield and refuge.

In Jesus name,

Amen

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## Day 4

The Lord is my shepherd; I shall not want. He makes me lie down in green pastures. He leads me beside still waters. He restores my soul. ~ Psalms 23:1-2  
Father,

I have courage for you are my Shepherd. I rejoice knowing that I lack nothing. In my dark times I have no fear for I am comforted in your presence. I will forever rest in your peace.

In Jesus name,

Amen

## Day 5

Love the Lord, all you his saints! The Lord preserves the faithful But abundantly repays the one who acts in pride. Be strong, and let your heart take courage, All you who wait for the Lord! ~ Psalms 31:23-24

Father,

I have courage in the strength that you have given to me. I thank you that you have preserved me. I love you Lord and I will wait patiently knowing that you are faithful.

In Jesus name,

Amen