

Atonement Fast & Prayer

March 24-30, 2024

Day 1

Rejoice greatly, O daughter of Zion! Shout aloud, O daughter of Jerusalem! Behold, your king is coming to you; Righteous and having salvation is he, Humble and mounted on a donkey, On a colt, the foal of a donkey. ~ Zechariah 9:9 ESV

Most of the crowd spread their cloaks on the road, and others cut branches from the trees and spread them on the road. And the crowds that went before him and that followed him were shouting, "Hosanna to the Son of David! Blessed is he who comes in the name of the Lord! Hosanna in the highest!" ~ Matthew 21:8-9 ESV

Father,
Your word says that you inhabit the praises of your people, so I lay my worship at your feet like the palms and the cloaks as I enter into your presence. I shout your praises in honor of you and your great sacrifice to your people. You are my Lord, King and Savior; I bless your name.

In Jesus name,
Amen

Day 2

You prepare a table before me In the presence of my enemies; You anoint my head with oil; My cup overflows. Surely goodness and mercy shall follow me All the days of my life, And I shall dwell in the house of the Lord Forever. ~ Psalms 23:5-6

Father,
Forgive me for not keeping your sacred places and times holy. Guide me to a designated time and place of prayer and communion with you daily. Help me not to be distracted in this time and space, but wholly submitted to you.

In Jesus name,
Amen

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Day 3

"But watch yourselves lest your hearts be weighed down with dissipation and drunkenness and cares of this life, and that day come upon you suddenly like a trap. For it will come upon all who dwell on the face of the whole earth. But stay awake at all times, praying that you may have strength to escape all these things that are going to take place, and to stand before the Son of Man." ~ Luke 21:35-36 ESV

Father,
I cast all my cares on you knowing you will sustain me. When I face temptation, I know that you will provide a way of escape. During the cares of this life, I will continue to seek your presence.

In Jesus name,
Amen

Day 4

And he said to them, "I have earnestly desired to eat this Passover with you before I suffer. For I tell you I will not eat it until it is fulfilled in the kingdom of God." And he took a cup, and when he had given thanks he said, "Take this, and divide it among yourselves. For I tell you that from now on I will not drink of the fruit of the vine until the kingdom of God comes." And he took bread, and when he had given thanks, he broke it and gave it to them, saying, "This is my body, which is given for you. Do this in remembrance of me." And likewise the cup after they had eaten, saying, "This cup that is poured out for you is the new covenant in my blood. ~ Luke 22:15-20

Father,
I thank you that in my sinful nature you desire to commune with me. I am in awe of the enormity of the great sacrifice that you made for me. I am forever grateful for the blood covenant of Jesus for salvation and the forgiveness of my sins.

In Jesus name,
Amen

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Day 5

While he was still speaking, there came a crowd, and the man called Judas, one of the twelve, was leading them. He drew near to Jesus to kiss him, but Jesus said to him, "Judas, would you betray the Son of Man with a kiss?" ~ Luke 22:47-48 ESV

Father,
Forgive me for the pain I have caused you when I turn away from you. I thank you that in spite of Judas' betrayal you still died for me. Teach me to love and forgive like you.

In Jesus name,
Amen

Day 6

And Jesus said, "Father, forgive them, for they know not what they do." Then Jesus, calling out with a loud voice, said, "Father, into your hands I commit my spirit!" And having said this he breathed his last. ~ Luke 23:34,46 ESV

Father,
Thank you that you thought of me first as you faced your suffering and death on the cross. With your last breath you could have said no, but you gave your life for mine. I thank you for your everlasting grace and love.

In Jesus name,
Amen

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Day 7

And they found the stone rolled away from the tomb, but when they went in they did not find the body of the Lord Jesus. While they were perplexed about this, behold, two men stood by them in dazzling apparel. And as they were frightened and bowed their faces to the ground, the men said to them, "Why do you seek the living among the dead? He is not here, but has risen. Remember how he told you, while he was still in Galilee, that the Son of Man must be delivered into the hands of sinful men and be crucified and on the third day rise ~ Luke 24: 2-6 ESV

Father,
I rejoice in you today as the living Savior, knowing that you are not dead, but alive! You have risen just as it was written in your Word. Through your sacrifice I am forgiven. I have new life because you love me. I give you glory, honor, and praise.

In Jesus name,
Amen