

## Life Group Questions and Message Notes

1. Are you in the middle of a silent Saturday?
2. **What of the 4 R's is the easiest for you? Which is hardest to do?**
3. What is something practical you can do this week?

## Love is on the Way: Preparing Your Heart for a Season of Blessing Pastor Kerry Shook – March 28th, 2021

*“And when the crowd that came to see the crucifixion saw that Jesus was dead, they went home in deep sorrow. So he took down Jesus’ body and wrapped it in a long linen cloth and laid it in a new, unused tomb hewn into the rock at the side of a hill. This was done late on Friday afternoon, the day of preparation for the Sabbath. As the body was taken away, the women from Galilee followed and saw it carried into the tomb. Then they went home and prepared spices and ointments to embalm Him; but by the time they were finished it was the Sabbath, so they rested all that day as required by the Jewish law.”* Luke 23:48, 53-56 (TLB)

### 1. REST

*“...because You do not abandon My soul to the grave or allow Your Holy One to decay.”*

Acts 2:27 (GWT)

*“Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth.”*

Psalms 46:10 (NIV)

### 2. RELINQUISH

*“Very truly I tell you, unless a kernel of wheat falls to the ground and dies, it remains only a single seed. But if it dies, it produces many seeds.”*

John 12:24 (NIV)

*“...This is what the Lord says: Do not be afraid! Don’t be discouraged by this mighty army, for the battle is not yours, but God’s.”*

2 Chronicles 20:15b (NLT)

### 3. RECEIVE

*“...He said, “It is finished!” And He bowed His head and gave up His spirit.”*

John 19:30b (NASB)

#### 4. REJOICE

*“Those who plant in tears will harvest with shouts of joy. They weep as they go to plant their seed, but they sing as they return with the harvest.”* Psalm 126:5-6 (NLT)

*“...Don't be afraid! I am the First and the Last, the Living One. I was dead, but now I am alive forever. I have the keys of death and hell.”* Revelation 1:17-18 (GWT)