

Life Group Questions and Message Notes

1. Do you have areas in your life where you deal with envy?
2. **What are daily ways to remind yourself of God's goodness?**
3. How is living in the belief that God is enough different for you in your daily life?

Kryptonite: Finding God's Strength in Your Weakness

Pastor Kerry Shook – April 18th, 2021

"A heart at peace gives life to the body, but envy rots the bones." Proverbs 14:30 (NIV)

Envy is resenting God's goodness in the lives of others, while ignoring God's goodness in my own life.

- *ENVY DESTROYS YOUR HAPPINESS*

"Then I observed that most people are motivated to success because they envy their neighbors. But this, too, is meaningless—like chasing the wind." Ecclesiastes 4:4 (NLT)

- *ENVY DISTRACTS YOU FROM YOUR DESTINY*

"...Anyone who lets himself be distracted from the work I plan for him is not fit for the Kingdom of God." Luke 9:62 (TLB)

- *ENVY DERAILS RELATIONSHIPS*

"What is causing the quarrels and fights among you? Don't they come from the evil desires at war within you? You want what you don't have, so you scheme and kill to get it. You are jealous of what others have, but you can't get it, so you fight and wage war to take it away from them." James 4:1,2a (NLT)

"But if you harbor bitter envy and selfish ambition in your hearts, do not boast about it or deny the truth." James 3:14 (NIV)

"But he answered one of them, 'I am not being unfair to you, friend. Didn't you agree to work for a denarius? Take your pay and go. I want to give the one who was hired last the same as I gave you. Don't I have the right to do what I want with my own money? Or are you envious because I am generous?'" Matthew 20:13-15 (NIV)

THE ANTIDOTE TO ENVY: REST IN THE UNLIMITED GOODNESS OF GOD!

Because Of God's Goodness...

1. *I can stop comparing myself*

"We do not dare to classify or compare ourselves with some who commend themselves. When they measure themselves by themselves and compare themselves with themselves, they are not wise." 2 Corinthians 10:12 (NIV)

2. *I can celebrate when others are blessed*

"Rejoice with those who rejoice, and weep with those who weep." Romans 12:15 (NKJV)

3. *I can surrender to God's plan*

"I remain confident of this: I will see the goodness of the Lord in the land of the living. Wait for the Lord; be strong and take heart and wait for the Lord." Psalms 27:13-14 (NIV)

"We know that all things work together for the good of those who love God: those who are called according to His purpose." Romans 8:28 (HCSB)

4. *I can trust God to provide*

"What then are we to say about these things? If God is for us, who is against us? He did not even spare His own Son but offered Him up for us all; how will He not also with Him grant us everything?" Romans 8:31-32 (NIV)