

## Life Group Questions and Message Notes

1. What are you thankful for?
2. How do you stay thankful?
3. Am I at a good place with God? What do I need to realign?

## Wilderness Survival Guide – November 28th, 2021

Pastor Mark Miller

*“Praise the Lord. Give thanks to the Lord, for He is good; His love endures forever. Who can proclaim the mighty acts of the Lord or fully declare His praise? Blessed are those who act justly, who always do what is right.” Psalm 106:1-3 (NIV)*

### Keys to Staying Thankful:

#### Remember your sins

*“We have sinned, even as our ancestors did; we have done wrong and acted wickedly. When our ancestors were in Egypt, they gave no thought to Your miracles; they did not remember Your many kindnesses, and they rebelled by the sea, the Red Sea.” Psalm 106:6-7 (NIV)*

#### Remember His faithfulness

*“Yet He saved them for His name’s sake, to make His mighty power known. He rebuked the Red Sea, and it dried up; He led them through the depths as through a desert.” Psalm 106:8-9 (NIV)*

*“Then they believed His promises and sang His praise. But they soon forgot what He had done and did not wait for His plan to unfold. In the desert they gave in to their craving; in the wilderness they put God to the test.” Psalm 106:12-14 (NIV)*

#### Let Nothing Take God’s Place of Glory

*“At Horeb they made a calf and worshiped an idol cast from metal. They exchanged their glorious God for an image of a bull, which eats grass.” Psalm 106:19-20 (NIV)*

#### Pray For One Another

*“They forgot the God who saved them, who had done great things in Egypt, miracles in the land of Ham and awesome deeds by the Red Sea. So He said He would destroy them had not Moses, His chosen one, stood in the breach before Him to keep His wrath from destroying them.”  
Psalm 106:22-23 (NIV)*

#### Hold On to God’s Promise

*“Then they despised the pleasant land; they did not believe His promise. They grumbled in their tents and did not obey the Lord. So He swore to them with uplifted hand that He would make them fall in the wilderness,” Psalm 106:24-26 (NIV)*

**Cry Out to The Lord**

*“Yet He took note of their distress when He heard their cry; for their sake He remembered His covenant and out of His great love he relented. He caused all who held them captive to show them mercy. Save us, Lord our God, and gather us from the nations, that we may give thanks to Your holy name and glory in Your praise.” Psalm 106:44-47(NIV)*

**Sing Praise**

*“Praise be to the Lord, the God of Israel, from everlasting to everlasting. Let all the people say, ‘Amen!’ Praise the Lord.” Psalm 106:48 (NIV)*