

Life Group Questions and Message Notes

1. What things are pulling you away from your true center being a follower of Jesus?
2. Where will you begin? What small habits will you form today?
3. What promise of God are you holding on to?

Habits: Small Habits – Big Results

Pastor Kerry Shook – January 10th, 2021

***“Who dares despise the day of small things....” Zechariah
4:10 (NIV)***

- **Big Results are a Lagging Measure of Small Habits**
- **Big Results come from a Build Up of Small Habits**

“And Elijah said to Ahab, ‘Go, eat and drink, for there is the sound of a heavy rain.’ So Ahab went off to eat and drink, but Elijah climbed to the top of Carmel, bent down to the ground and put his face between his knees. ‘Go and look toward the sea,’ he told his servant. And he went up and looked. ‘There is nothing there,’ he said. Seven times Elijah said, ‘Go back.’ The seventh time the servant reported, ‘A cloud as small as a man’s hand is rising from the sea.’ So Elijah said, ‘Go and tell Ahab, ‘Hitch up your chariot and go down before the rain stops you.’ Meanwhile, the sky grew black with clouds, the wind rose, a heavy rain started falling and Ahab rode off to Jezreel.” 1 Kings 18:41-45 (NIV)

How do you go from drought to downpour?

1. DECIDE WHAT WILL BE THE CENTER OF YOUR LIFE.

“Elijah challenged the people: ‘How long are you going to sit on the fence? If GOD is the real God, follow Him; if it’s Baal, follow him. Make up your minds!’ Nobody said a word; nobody made a move.”

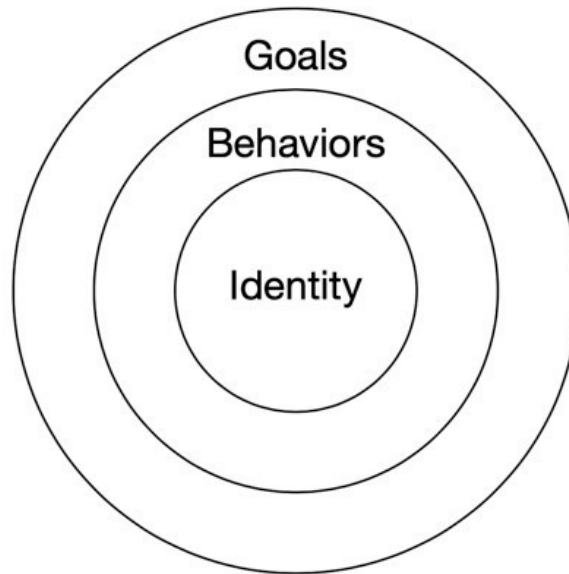
1 Kings 18:21 (MSG)

“After a long time, in the third year, the word of the LORD came to Elijah: ‘Go and present yourself to Ahab, and I will send rain on the land.’”

1 Kings 18:1 (NIV)

Goal based habits are about what you want to achieve.

Identity based habits are about who you want to become.



“So Ahab went off to eat and drink, but Elijah climbed to the top of Carmel, bent down to the ground and put his face between his knees.”

1 Kings 18:42 (NIV)

2. DON'T DESPISE SMALL CLOUDS.

“The seventh time the servant reported, ‘A cloud as small as a man’s hand is rising from the sea.’ So Elijah said, ‘Go and tell Ahab, ‘Hitch up your chariot and go down before the rain stops you.’”

1 Kings 18:44 (NIV)

50 DAYS OF PRAYER

Daily Devotional – wc.org

“The prayer of a person living right with God is something powerful to be reckoned with. Elijah, for instance, human just like us, prayed hard that it wouldn’t rain, and it didn’t — not a drop for three and a half years. Then he prayed that it would rain, and it did. The showers came and everything started growing again.”

James 5:16b-18 (MSG)

3. DON'T GIVE UP BEFORE THE DOWNPOUR

“Go and look toward the sea,’ he told his servant. And he went up and looked. ‘There is nothing there,’ he said. Seven times Elijah said, ‘Go back.’”

1 Kings 18:43 (NIV)

“Not by might nor by power, but by My Spirit,’ says the LORD Almighty.”

Zechariah 4:6b (NIV)

“Meanwhile, the sky grew black with clouds, the wind rose, a heavy rain started falling and Ahab rode off to Jezreel.”

1 Kings 18:45 (NIV)