Life Group Questions and Message Notes

- 1. Why do you adore God?
- 2. What do you need to confess?
- 3. What are you thankful for?
- 4. What do you need to ask God for today?

Now or Never— Experiencing The Change You've Been Waiting For Pastor Paul Looney — April 30th, 2023

"Blessed are those who mourn, for they will be comforted."

Matthew 5:4 (NIV)

"Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God. For just as we share abundantly in the sufferings of Christ, so also our comfort abounds through Christ." 2 Corinthians 1:3-5 (NIV)

God comforts the troubled, and He troubles the comfortable.

We must get real in order to heal.

"My ears had heard of You but now my eyes have seen You." Job 42:5 (NIV)

"The Lord is close to the brokenhearted and saves those who are crushed in spirit." Psalm 34:18 (NIV)

"In order to keep me from becoming conceited, I was given a thorn in my flesh, a messenger of Satan, to torment me. Three times I pleaded with the Lord to take it away from me. But He said to me, 'My grace is sufficient for you, for My power is made perfect in weakness.' Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me. That is why, for Christ's sake, I delight in weaknesses, in insults, in hardships, in persecutions, in difficulties. For when I am weak, then I am strong." 2 Corinthians 12:7-10 (NIV)

Through grief, we find grace.

In grieving, we grow.

By grieving, we gain God.

Through grief we are equipped to give.

How to grieve well

- **1.** Make time to grieve.
- **2.** Reach out for support!
- **3.** Feel your feelings.
- **4.** Get real with God.
- **5.** Ride the waves and swim back to shore.
- **6.** Let grief help you grow.
- 7. Turn your suffering into serving.