

God's Gym

Part 2 of Series: Personal Trainer

January 27th & 28th, 2024

Pastor Kerry Shook

Life Group Questions:

1. What stood out to you from the weekend message from Pastor Kerry?
2. Have you ever had a time in your life when you trusted God even when you didn't see it? What was the result?
3. How can you obey God by speaking in faith this week?

"And without faith it is impossible to please God, because anyone who comes to Him must believe that He exists and that He rewards those who earnestly seek Him."

Hebrews 11:6 (NIV)

"Then He said to me, 'Speak a prophetic message to these bones and say, Dry bones, listen to the word of the LORD! This is what the Sovereign LORD says: Look! I am going to put breath into you and make you live again!' ... So I spoke this message, just as He told me. Suddenly as I spoke, there was a rattling noise all across the valley. The bones of each body came together and attached themselves as complete skeletons. Then as I watched, muscles and flesh formed over the bones. Then skin formed to cover their bodies, but they still had no breath in them. Then He said to me, 'Speak a prophetic message to the winds, son of man. Speak a prophetic message and say, This is what the Sovereign LORD says: Come, O breath, from the four winds! Breathe into these dead bodies so they may live again.' So I spoke the message as He commanded me, and breath came into their bodies. They all came to life and stood up on their feet—a great army."

Ezekiel 37: 4-5, 7-10 (NLT)

"Then He said to me, 'Son of man, these bones represent the people of Israel. They are saying, 'We have become old, dry bones—all hope is gone. Our nation is finished.' Therefore, prophesy to them and say, 'This is what the Sovereign LORD says: O My people, I will open your graves of exile and cause you to rise again. Then I will bring you back to the land of Israel. When this happens, O My people, you will know that I am the LORD.'"

Ezekiel 37:11-13 (NLT)

1. ADMIT MY SITUATION IS HOPELESS WITHOUT GOD.

"He led me all around among the bones that covered the valley floor. They were scattered everywhere across the ground and were completely dried out."

Ezekiel 37:2 (NLT)

"Blessed are those who mourn, for they will be comforted."

Matthew 5:4 (NIV)

2. TRUST GOD EVEN WHEN I DON'T SEE IT.

“Now faith is confidence in what we hope for and assurance about what we do not see.”

Hebrews 11:1 (NIV)

“Then He asked me, ‘Son of man, can these bones become living people again?’ ‘O Sovereign LORD,’ I replied, ‘You alone know the answer to that.’”

Ezekiel 37:3 (NLT)

3. OBEY GOD BY SPEAKING IN FAITH

“Then He said to me, ‘Speak a prophetic message to these bones and say, Dry bones, listen to the word of the LORD! This is what the Sovereign LORD says: Look! I am going to put breath into you and make you live again!’”

Ezekiel 37:4-5 (NLT)

“It is by faith we understand that the whole world was made by God’s command so what we see was made by something that cannot be seen.”

Hebrews 11:3 (NCV)

“So I spoke this message, just as He told me. Suddenly as I spoke, there was a rattling noise all across the valley. The bones of each body came together and attached themselves as complete skeletons.”

Ezekiel 37:7 (NLT)